



Province of the  
**EASTERN CAPE**  
EDUCATION

**NATIONAL  
SENIOR CERTIFICATE**

**GRADE 11**

**NOVEMBER 2012**

**DANCE STUDIES**

**MARKS: 150**

**TIME: 3 hours**

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This question paper consists of 10 pages.

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**INSTRUCTIONS AND INFORMATION**

1. This paper consists of THREE sections.

|            |                        |
|------------|------------------------|
| SECTION A: | HISTORY                |
| SECTION B: | MUSIC                  |
| SECTION C: | ANATOMY AND HEALTHCARE |

2. Read through the whole paper carefully before answering it.
3. Number the answers correctly according to the numbering system used in this question paper.
4. Leave THREE lines after each QUESTION.
5. Start EACH SECTION on a NEW page.
6. Marks are NOT allocated according to the principle of 'one mark per one fact', but according to the quality of the answer.
7. Write neatly and legibly.

**SECTION A: HISTORY****QUESTION 1**

- 1.1 In your opinion, give a brief definition of what choreography is. (1)
- 1.2 Explain how you would set about working on your Grade 11 choreography dance work. (3)
- 1.3 As you prepare yourself for the Grade 11 choreography project, explain what you think will be your biggest challenges. (3)
- 1.4 Pretend you are writing in your journal. Explain how you think improvisation lessons help you in your choreography. (3)
- 1.5 Are the statements below TRUE or FALSE? Write the correct answer next to the appropriate number.
- 1.5.1 A dancer does the stage makeup and may also do character makeup needed for a role e.g. that of a lion or a witch. (1)
- 1.5.2 A choreographer performs the movement sequences created by the choreographers. (1)
- 1.5.3 A costume designer is the person who designs the outfits to be worn by the performers. This may include masks and other props. They usually have a team to help make the costumes. (1)
- 1.5.4 A composer plans the music and writes it down in notational form so that it can be read by the musicians. (1)
- 1.5.5 A makeup artist creates the movement sequences performed by the dancers, sometimes working with the dancers to achieve this. (1)

**[15]**

**QUESTION 2**

Select ONE of the prescribed INTERNATIONAL CHOREOGRAPHERS and their dance work from the list below that you have studied this year and WRITE A LETTER to a friend telling him/her about it. Include the following:

- 2.1 Give the name of the choreographer and where he/she is from. (1)
- 2.2 The choreographer's dance career and training. (3)
- 2.3 Name some of the dance works choreographed. (3)
- 2.4 Give the name of ONE dance work and discuss the synopsis/theme of the dance work. (5)
- 2.5 Briefly describe the style of the dance work. (2)
- 2.6 What does the choreographer use as an inspiration for his/her work? (3)
- 2.7 What is the choreographer's contribution to dance? (3)

**[20]****BELOW ARE THE PRESCRIBED CHOREOGRAPHERS AND THEIR DANCE WORKS**

| <b>SOUTH AFRICAN CHOREOGRAPHERS</b> | <b>DANCE WORKS</b>                       |
|-------------------------------------|--|
| Veronica Paeper                     | <i>Orpheus in the Underworld</i>         |
| Vincent Mantsoe                     | <i>Gula Matari</i>                       |
| Alfred Hinkel                       | <i>Last Dance (Bolero)</i>               |
| Sylvia Glasser                      | <i>Tranceformations</i>                  |
| Gary Gordon                         | <i>Bessie's Head</i>                     |
| Mavis Becker                        | <i>Flamenco de Africa</i>                |
| Hazel Acosta                        | <i>Blood Wedding</i>                     |
| Carolyn Holden                      | <i>Imagenes/Blood Wedding</i>            |
| <b>INTERNATIONAL CHOREOGRAPHERS</b> | <b>DANCE WORKS</b>                       |
| George Balanchine                   | <i>Apollo or Agon</i>                    |
| Alvin Ailey                         | <i>Revelations</i>                       |
| Martha Graham                       | <i>Appalachian Spring or Lamentation</i> |
| Christopher Bruce                   | <i>Ghost Dancers or Rooster</i>          |
| Marius Petipa and Lev Ivanov        | <i>Swan Lake</i>                         |
| Vaslav Nijinsky                     | <i>Le Sacre du Printemps</i>             |
| Paul Taylor                         | <i>Esplanade</i>                         |

**QUESTION 3**

In this question you should **NOT** write about a dance from the prescribed works. In LO4 you have learnt a cross-cultural/indigenous dance, which forms part of your PAT. Provide the following information:

3.1 Match the common elements in COLUMN A with a suitable answer in COLUMN B.

|       | COLUMN A            |   | COLUMN B   |
|-------|---------------------|---|--|
| 3.1.1 | Fire                | A | Movements are repeated rhythmically, which enhances their power  |
| 3.1.2 | Body decorations    | B | Drumming, chanting, singing, clapping, stamping  |
| 3.1.3 | Circle              | C | Masks, feathers, grass, costumes, coloured stones and shells, painted make-up for faces and bodies                 |
| 3.1.4 | Sounds              | D | Provides light and is a focal point  |
| 3.1.5 | Rhythmic repetition | E | Creates a sense of community, everyone facing each other. Often turns around something – fire, pit, post or person |

(5)

3.2 What is symbolism? Give ONE example in dance. (2)

3.3 What is a ritual? Give an example. (2)

3.4 What is a transformative ritual? Give an example. (2)

3.5 How would you recognise an African dance form? (4)

3.6 Give some of the locomotive movements used in African dance. (5)

**[20]****QUESTION 4**

4.1 List TWO different dance forms. (2)

4.2 What factors could contribute to the differences in the dance forms? (3)

4.3 Your class must plan and produce an evening of entertainment at your school to celebrate the various forms of dance found in South Africa.

4.3.1 Give the evening an appropriate name. (1)

4.3.2 List other role players you will need to assist you with this production and what they will be expected to do. (2)

4.3.3 Describe the venue requirements for the performance. (2)

4.3.4 Name some of the things that should be included in your budget. (3)

4.3.5 Suggest TWO methods you could use to raise money for this production. (2)

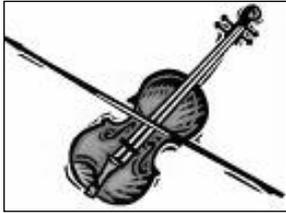
**[15]****TOTAL SECTION A: 70**

## SECTION B MUSIC

## QUESTION 5

5.1 Match the instruments given in the pictures below and link them to each of the FOUR music categories given in 5.1.1 – 5.1.4.

A



B



C



D



E



F



- 5.1.1 Chordophones — give TWO instruments. (2)
- 5.1.2 Idiophones — give TWO instruments. (2)
- 5.1.3 Aerophones (1)
- 5.1.4 Membranophones (1)

5.2 Name ONE musical instrument for each of the following categories:

- 5.2.1 Woodwind instrument (1)
- 5.2.2 Brass instrument (1)
- 5.2.3 Percussion instrument (1)
- 5.2.4 String instrument (1)

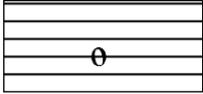
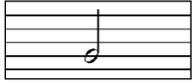
**[10]**

**QUESTION 6**

6.1 Give the meaning of the following words:

- 6.1.1 Tempo (1)
- 6.1.2 Time (1)
- 6.1.3 Rhythm (1)
- 6.1.4 Polyrhythm (1)
- 6.1.5 Tenor (1)

6.2 Name and arrange the following notes in descending order from the largest to the smallest note value:

- 6.2.1  (1)
- 6.2.2  (1)
- 6.2.3  (1)
- 6.2.4  (1)
- 6.2.5  (1)

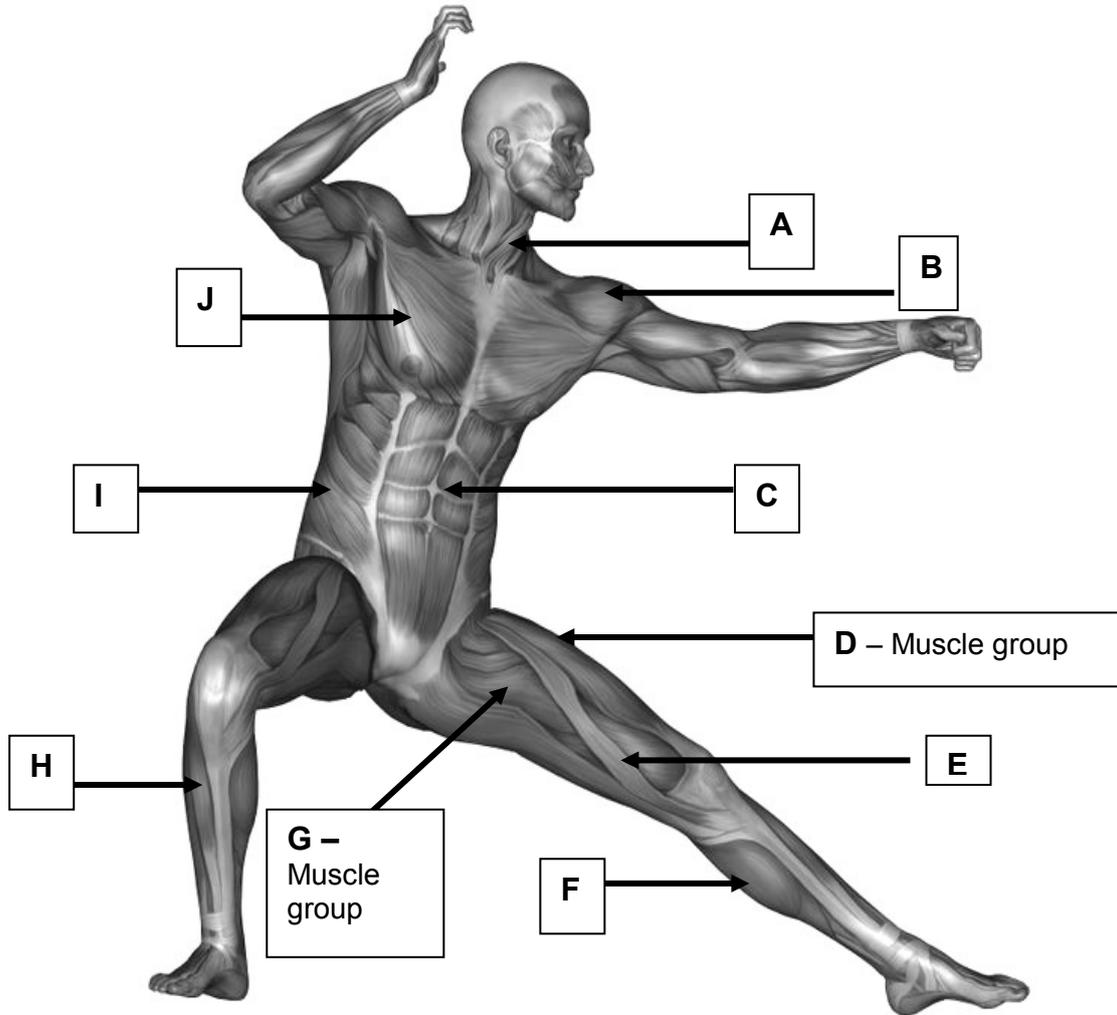
**[10]**

**TOTAL SECTION B: 20**

SECTION C: ANATOMY AND HEALTH CARE

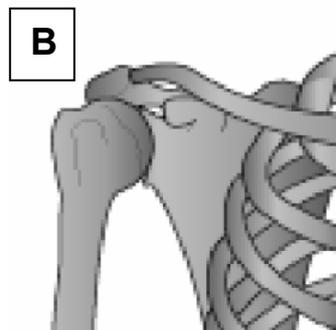
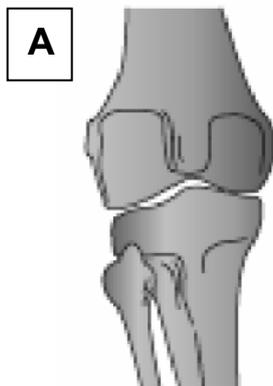
QUESTION 7

7.1 Label the muscles A – J indicated on the diagram below.



(10)

7.2 Provide the following information on the joints below:



- 7.2.1 Name the type of joint found in A. (1)
- 7.2.2 Name TWO parts of the body where the joint marked A can be found. (2)
- 7.2.3 Name TWO anatomical movements possible in joint A. (2)
- 7.2.4 Name the type of joint found in B. (1)
- 7.2.5 Name TWO parts of the body where the joint marked B can be found. (2)
- 7.2.6 Name TWO anatomical movements possible in joint B. (2)
- [20]**

**QUESTION 8**

- 8.1 Name the FIVE food groups that are necessary for a healthy diet. (5)
- 8.2 Choose ONE of the THREE substances (**Alcohol/Cigarettes/Drugs**) and discuss the dangers/effects they are associated with. (5)
- 8.3 What is peer pressure? (2)
- 8.4 Name some of the pressures that you as an adolescent may be faced with. (3)
- [15]**

**QUESTION 9**

- 9.1 Why do dancers sweat during exercise? (2)
- 9.2 Describe some of the factors which might affect the rate of sweating while exercising. (3)
- 9.3 Match COLUMN A with COLUMN B. Write only the answer next to the appropriate number.

|       | COLUMN A        |   | COLUMN B  |
|-------|-----------------|---|---|
| 9.1.1 | <b>STAMINA</b>  | A | The capacity for work or vigorous activity        |
| 9.1.2 | <b>FLUIDITY</b> | B | Equal weight around a central point               |
| 9.1.3 | <b>ENERGY</b>   | C | The staying power of body during a given activity |
| 9.1.4 | <b>BALANCE</b>  | D | The force that holds you down on the earth        |
| 9.1.5 | <b>GRAVITY</b>  | E | The ability to flow easily.                       |

(5)  
**[15]**

**QUESTION 10**

10.1 Use the appropriate word from the box below to complete the following statements:

|               |                  |              |
|---------------|------------------|--------------|
| Knee problems | Cramps           | Torn muscle  |
| Skin splits   | Ingrown toenails |              |
| Shin splints  |                  | Broken bones |

- 10.1.1 Cold muscles, insufficient minerals in diet and dehydration are causes of ... (1)
- 10.1.2 Sudden movements, ballistic stretching, cold muscles, inadequate flexibility, incorrect stretching techniques are all causes of ... (1)
- 10.1.3 Accidents due to floors, clothes, choreography are causes of ... (1)
- 10.1.4 Incorrect cutting of toenails, restrictive shoes are all causes of ... (1)
- 10.1.5 From turning on the heel or ball of foot, dry or callused skin is non-resilient and prone to splitting are all causes of... (1)
- 10.1.6 Overuse, incorrect technique, structural problems e.g. pronation of feet, sudden jarring or contact movements, falling are all causes of ... (1)
- 10.1.7 Dancing on hard surfaces e.g. concrete is a cause of... (1)
- 10.2 Describe the immediate treatment for a sprain. (4)
- 10.3 List the general complications after an injury. (4)
- [15]**

**TOTAL SECTION C: 60**

**GRAND TOTAL: 150**