



Province of the
EASTERN CAPE
EDUCATION

**NATIONAL
SENIOR CERTIFICATE**

GRADE 12

SEPTEMBER 2010

DANCE STUDIES

MARKS: 150

TIME: 3 hours



This question paper consists of 10 pages.

INSTRUCTIONS AND INFORMATION

1. This paper consists of THREE sections.
 - SECTION A – History
 - SECTION B – Music
 - SECTION C – Anatomy and healthcare
2. Read through the whole paper carefully before answering it, including these instructions.
3. There is a CHOICE between QUESTION 3 and 4.
4. Number the answers correctly according to the numbering system used in this question paper.
5. Leave THREE lines after each QUESTION.
6. Start EACH SECTION on a NEW page.
7. Marks are NOT allocated according to the principle of 'one mark per one fact', but according to the quality of the answer.
8. Let the marking rubrics included guide you.
9. The prescribed Dance Works and Choreographers are listed on page 3. You may not write about works that are not listed, EXCEPT IN QUESTION 2.
10. Write neatly and legibly.

LIST OF PRESCRIBED CHOREOGRAPHERS AND THEIR DANCE WORKS

SOUTH AFRICAN CHOREOGRAPHERS	DANCE WORKS
Veronica Paeper	Orpheus in the Underworld
Vincent Mantsoe	Gula Matari
Alfred Hinkel	Last Dance (Bolero)
Sylvia Glasser	Transformations
Gary Gordon	Bessies Head
Mavis Becker	Flamenco de Africa
Hazel Acosta	Blood Wedding
Caroline Holden	Imagenes
INTERNATIONAL CHOREOGRAPHERS	DANCE WORKS
George Balanchine	Appollo or Agon
Alvin Ailey	Revelations
Martha Graham	Appalachian Spring or Lamentation
Christopher Bruce	Ghost Dancers or Rooster
Marius Petipa & Lev Ivanhof	Swan Lake
Vaslav Nijinski	Le Sacre du Printemps
Paul Taylor	Esplanade

SECTION A: HISTORY OF DANCE

QUESTION 1

- 1.1 Name some of the things that should be included in the journal of your choreography that you have to present to your teacher. (5)
- 1.2 How can set design, costume, lighting and props enhance your choreography dance work? (5)
- 1.3 What is the value of improvisation as a choreographic tool? (5)
- [15]**

QUESTION 2

In this question you should NOT write about a dance from the prescribed list included at the beginning of the question paper on page 3.

In LO 4 you have learnt a Cross-cultural/Indigenous dance, which forms part of your PAT. Provide the following information:

- 2.1 Give the name of the dance, its origin and when is it performed. (6)
- 2.2 Describe the costumes and music used in this dance. (8)
- 2.3 Describe the movements and characteristics of this dance. (4)
- 2.4 Why is it important to learn about other cultures? (2)
- [20]**

The marking rubric below is given to guide your answer in QUESTION 2.

1 – 6 WEAK	7 – 11 ADEQUATE	12 – 16 GOOD	17 – 20 EXCELLENT
The answer is written with hardly any knowledge of costumes, music and movements and what makes the dance ritualistic. Hardly any explanation of different cultures.	The answer is written with some knowledge of origin, costumes, music, movements and characteristics of the dance. Some sort of explanation of different cultures.	The answer is well written with knowledge of dance and its origin. Good knowledge of costumes, music, movements and characteristics of the dance. Good explanation of different cultures.	The answer is excellently written with accurate knowledge of the dance and its origin. Accurate knowledge of the costumes, music, movements and characteristics of the dance. Excellent explanation of different cultures.

THERE IS A CHOICE BETWEEN QUESTION 3 AND QUESTION 4**QUESTION 3**

Select ONE INTERNATIONAL CHOREOGRAPHER from the prescribed list on page 3. Write an article for a dance magazine. Remember to give your article a heading and include the name of the choreographer you are referring to. Do not use numbering in your answer, but start each answer as a new paragraph. Include the following information:

3.1 Remember to provide the name of the choreographer.

Provide information on his country of origin, career (training, experience), and some of the well-known dance works he performed in. (6)

3.2 His/her influences and collaborations and social and political context. (6)

3.3 The contribution that the choreographer has made to the development of dance. (6)

Marks awarded for presenting the information as a magazine article. (2)

[20]

Rubric is added to help you in answering QUESTION 3.

0 – 5 MARKS WEAK	6 – 10 MARKS FAIR	11 – 15 MARKS GOOD	16 – 20 MARKS EXCELLENT
The answer is not written with knowledge of choreographer's biography, dance career, training and experience, influences and collaborations and contributions to the development of dance. Not written as a magazine article.	The answer is written with some knowledge of choreographer's biography, dance career, training and experience, influences and collaborations and contributions to the development of dance. Well written as a magazine article.	The answer is well written with knowledge of choreographer's biography, dance career, training and experience, influences and collaborations and contributions to the development of dance. Excellently written as a magazine article.	The answer is excellently written with accurate knowledge of choreographer's biography, dance career, training experience, influences and collaborations and contributions to the development of dance. Excellently written as a magazine article.

OR

QUESTION 4

Select ONE SOUTH AFRICAN CHOREOGRAPHER from the prescribed list on page 3. Prepare study notes to share with your classmates. Include the following aspects:

- 4.1 Remember to provide the name of the choreographer and their dance work.
The story/theme of the dance work. (8)
- 4.2 The costumes, music, lighting and sets that helped to make the dance work successful. (6)
- 4.3 The style of the dance work and what makes it innovative. (6)
- [20]**

Rubric added to help you in answering QUESTION 4.

0 – 5 MARKS WEAK	6 – 10 MARKS FAIR	11 – 15 MARKS GOOD	16 – 20 MARKS EXCELLENT
Hardly any knowledge of the dance work, costume, music, lighting and sets. No knowledge of the choreographer's style and what made the dance work innovative.	Some knowledge of the dance work, costume, music, lighting and sets. Some knowledge of the choreographer's style and what made the dance work innovative.	Accurate knowledge of the dance work, costume, music, lighting and sets. Good knowledge of the choreographer's style and what made the dance work innovative.	An excellent and accurate knowledge of the dance work, costume, music, lighting and sets. Excellent knowledge of the choreographer's style and what made the dance work innovative.

QUESTION 5

Choose any TWO dance forms and answer the questions below:

- 5.1 Give the name of each dance form and explain how you would recognize each one of them. (5)
- 5.2 What are the principles and characteristics of each dance form? (6)
- 5.3 What is the origin of each dance form? (4)
- [15]**

TOTAL SECTION A: 70

SECTION B: MUSIC THEORY**QUESTION 6**

You are taking part in a quiz to earn points for your team. How will you answer the following questions?

- 6.1 What is the note value of a Semi-breve? (1)
 - 6.2 What is the note value quicker than a crotchet? (1)
 - 6.3 Is $\frac{3}{4}$ simple or compound time? (1)
 - 6.4 How many minims are there in a semi-breve? (1)
 - 6.5 What is the note value of a dotted minim? (1)
 - 6.6 How many crotchets are equal to a semi-breve? (1)
- [6]**

QUESTION 7

Are the statements below TRUE or FALSE? Write the correct answer next to the appropriate number.

- 7.1 Tempo is another word for speed. (1)
 - 7.2 Time is vitality infused in music. (1)
 - 7.3 The Italian word for quick is staccato. (1)
 - 7.4 Adagio means expressive. (1)
 - 7.5 The Italian word for lively, briskly is vivace. (1)
 - 7.6 Movements that are slow and graceful are called allegro. (1)
 - 7.7 The word espressivo means quick. (1)
- [7]**

QUESTION 8

Complete the sentences below the grid. Use the words hidden in the grid to help you.

S	I	P	O	L	Y	P	H	O	N	I	C	U	P
H	U	S	H	M	Y	B	A	B	Y	C	O	M	E
U	P	U	P	A	N	D	W	A	Y	H	O	M	E
T	O	B	E	O	R	N	O	T	T	O	B	E	S
S	I	M	M	E	R	T	O	F	A	R	S	I	T
K	E	Y	B	O	A	R	D	A	R	D	P	A	L
I	N	T	E	S	T	O	W	T	R	O	D	Y	I
D	A	R	L	I	N	G	I	N	U	P	E	A	R
S	M	E	M	B	R	A	N	O	P	H	O	N	E
P	E	R	S	O	N	S	D	R	O	O	P	I	V
L	O	V	E	Y	O	U	R	M	E	N	S	T	E
A	L	L	B	A	S	S	T	O	N	E	E	A	R
Y	E	T	A	L	L	W	H	O	S	T	A	Y	Y
S	U	P	E	R	C	U	S	S	I	O	N	E	R

- 8.1 The violin is one of the instruments that belong to the ... category (1)
- 8.2 The African drum is one of the instruments that belong to the ... category. (1)
- 8.3 The triangle is a ... instrument. (1)
- 8.4 The trumpet is a ... instrument. (1)
- 8.5 The name for various simultaneously sounding melodic lines, such as is used in African dance, is called ... (1)
- 8.6 One vocal instrument is a ... (1)
- 8.7 The ... is an electronic instrument. (1)

[7]**TOTAL SECTION B: 20**

SECTION C: ANATOMY AND HEALTH CARE**QUESTION 9**

- 9.1 Use the appropriate word from the box below to complete the following functions of the muscles.

HAMSTRINGS

DELTOID

STERNOCLEIDOMASTOID

GLUTEUS MAXIMUS

TRAPEZIUS

GASTROCNEMIUS

PECTORALIS MAJOR

ROTATOR CUFF

TRICEPS

QUADRICEPS

- 9.1.1 The ... is the main muscle for moving the head. It also causes flexion and rotation of the head. (1)
- 9.1.2 The ... is responsible for deneutralizing the posture and is where you tend to feel tension in the shoulders. (1)
- 9.1.3 The ... extends the elbow joint. (1)
- 9.1.4 The ... is the large muscle of the chest. It adducts and medially rotates the humerus. (1)
- 9.1.5 The ... gives the calf its rounded shape. It flexes the knee and plantar flexes the foot. (1)
- 9.1.6 The ... extend the hip, laterally rotates the femur during extension and adducts the thigh. (1)
- 9.1.7 The ... gives the shoulder its rounded shape. (1)
- 9.1.8 The ... consists of 4 powerful muscles. It aid hip and knee flexion, lateral rotation and abduction of the femur. (1)
- 9.1.9 A group of four muscles of the shoulder make up the They rotate the arm at the shoulder and also help to stabilize the shoulder. (1)
- 9.1.10 The ... consists of a group of 3 muscles, which flexes the knee joint and extend the hip. (1)

- 9.2 What type of joint is ...
- 9.2.1 the knee and give TWO types of movements that are possible in this joint. (3)
- 9.2.2 the hip and give TWO types of movements that are possible in this joint. (3)
- 9.3 How would you develop muscle strength in a dancer and what is its importance to dance? (4)
- [20]**

QUESTION 10

While preparing for an upcoming practical examination, Jane is complaining of pain and discomfort in her knees during practical lessons and finds it difficult to fully participate. The pain continues after class and seems to be getting worse.

- 10.1 Identify the type of injury that may have occurred and what are the most likely causes of the injury. (6)
- 10.2 Discuss the immediate treatment of the injury. (5)
- 10.3 How can the correct alignment of the knees prevent injuries from occurring? (4)
- [15]**

QUESTION 11

- 11.1 What is flexibility and why is it important to a dancer? (4)
- 11.2 How can you improve flexibility in a dancer? (5)
- 11.3 How can the stretching techniques 'passive stretching' and 'active stretching' be used to help you become more flexible? (6)
- [15]**

QUESTION 12

- 12.1 What are the benefits of a good posture to a dancer? (3)
- 12.2 Explain the effects of tension on a dancer's body. (4)
- 12.3 How can correct breathing during a dance class aid your dancing? (3)
- [10]**

TOTAL SECTION C: 60

GRAND TOTAL: 150