

NATIONAL SENIOR CERTIFICATE

GRADE 12

SEPTEMBER 2014

DANCE STUDIES MEMORANDUM

MARKS: 100

This memorandum consists of 21 pages.

NOTE TO MARKERS/TEACHERS:

In assessing a candidate's work, the following aspects, among others, drawn from the assessment rubric, must be borne in mind.

- In the examples of possible answers, a great deal more information has been provided as a resource for teachers and markers, than is expected from the candidates.
- Bullets have been used in the memo to aid marking.
- Refer to the **Ability levels** in the 'Focus Question' table below each question, to determine high, medium or low cognitive levels expected in the answers.
- Markers should not penalise students if the grammar or spelling used is incorrect. As long as the student's answer is clear, understandable and meets the marking criteria (e.g. the naming of muscles). However, they may not be awarded full marks for essay/paragraph type questions if there are grammatical and spelling errors and the answer is not written in the correct format, or meaningfully addresses the question.
- In many of the qualitative questions that require **detailed explanations**, one tick does not always equal one mark. Half marks may be awarded.
- Markers should avoid awarding full marks for a question when the answer is superficial and minimal.
- Where the learners have made careless mistakes e.g. numbering, they should be penalised by 10% but the marker and moderator should decide whether the learner is answering the relevant question correctly.
- Look for what the candidate knows, not what they do not know.

SECTION A: SAFE DANCE PRACTICE AND HEALTH CARE

QUESTION 1

MEMO:

FOCUS OF QUESTION	-	TOPICS			ABILITY LEVELS		
Peer pressure/stereotypes/	1	2	3	LOW	MEDIUM	HIGH	
Nutrition/eating disorders	V						
Recognising – 1.2				1			
Application – 1.1, 1.2					3 + 2		
Evaluate – 1.3				3		3	
Evaluate – 1.4						1	

NOTE TO MARKERS:

Many possible answers may be given. Use professional judgment when assessing candidate's answers. Bullets added to aid marking.

POSSIBLE RESPONSES

- 1.1 Allocate 3 marks for a detailed explanation of why it is important to choose your friends carefully.
 - Friends can influence your decisions good or bad.
 - If you try to fit in with groups just to be accepted you could be influenced to do things your parents would not approve of/will not make you feel proud of yourself.
 - Bad friends can influence you to take drugs, smoke, steal, have unsafe/underage sex etc.
 - Good friends can influence you to behave in a responsible manner such as attending school, working hard, caring about your fellow learners, teachers and family.
 - Your choice of friends show who you are as a person/your values/priorities.
- 1.2 Allocate 1 mark for naming of stereotype and 2 marks for explaining common stereotypes in dance and why this is untrue.

Below are **TWO** examples given but learners could give any others.

Dancers must be thin

Many dancers, especially females are placed under huge pressure to be thin. This is because dance is a visual art and people are watching you perform in tight fitting costumes and often judging your figure, instead of your dance ability. This is particularly prevalent in the ballet world. This sort of pressure leads to many eating disorders such as anorexia nervosa or bulimia. If undetected or untreated these disorders can end a dancer's career or even their life. Dancers are individuals and must be strong and healthy. The way they dance, is more important than how thin they are.

Dancing is girlish – all male dancers are gay

Dancers require strength. Male dancers are often stronger and fitter than other sportsmen. Being able to express emotion through your body does not make you gay. Often the peer pressure placed on male dancers' forces them to give up their dancing and talent and their ability is lost because of this.

(3)

(3)

- 1.3 Allocate 3 marks if a learner can discuss the positive effects of nutrition on a dancer's body.
 - Increased energy levels
 - Increased mental alertness
 - Increased fitness levels
 - Maintain an ideal weight
 - Recover from illness/injuries quicker

(3)

- 1.4 Allocate 1 mark if learner knows how to recover from an eating disorder.
 - Getting help/support from family, friends, counsellors etc.
 - Seeking medical evaluation doctor, dietician etc.
 - Hospitalisation or psychiatric treatment

(1) [**10**]

QUESTION 2

MEMO:

FOCUS OF QUESTION		TOPICS			ABILITY LEVELS		
Injuries/posture/knee	1	1 2 3			MEDIUM	HIGH	
alignment							
Recognising – 2.1				2			
Application – 2.2, 2.3					2 + 3		
Evaluate – 2.4						3	

NOTE TO MARKERS:

Use professional judgement when assessing the quality of the answer. Evaluate the whole answer in context to what the candidate knows and award marks accordingly. Bullets added to aid marking.

EXAMPLE OF POSSIBLE ANSWERS:

- 2.1 Allocate 2 marks if the learner can give the general causes of dance injuries.
 - Excessive dance training
 - Faulty technique
 - Extensive and intense rehearsals
 - Bad teaching
 - The physical characteristics of the body (poor turn out or physical deviations)
 - · Dancing on pointe
 - The dietary habits common to dancers
 - Overtired or overworked dancers
 - Inadequate warm-up
 - Unstable or unsuitable flooring
 - Poor environment (temperature and poor facilities)

(2)

- 2.2 Allocate 2 marks for the correct explanation of the symptoms of a sprain.
 - Pain around the affected joint
 - Being unable to use the joint /body part normally or being unable to put weight on it
 - Bruising
 - Tenderness
 - Swelling
 - Inflammation (2)
- 2.3 Allocate 3 marks for a detailed explanation of the benefits of good posture in dance.
 - A well-aligned body burns up the least amount of energy to perform the movement.
 - It prevents fatigue while dancing.
 - Ensures that muscles are used correctly during certain movements.
 - Dance movements are done with ease.
 - Avoids tension and imbalances that have an effect on the line and shape of movements.
 - It ensures control and balance during movements.
- 2.4 Allocate 3 marks if the learner can discuss the correct alignment of the knees and the importance to a dancer.
 - The knee is a hinge joint build to bend and flex with very slight rotation and no space for lateral movement.
 - If excessive load is placed on the knees, like landing from a jump, and there is lateral or rotating movement at that time, then the ligaments on either side of the joint can tear.
 - To prevent this you need to ensure that your knees line up with your middle toe when you bend them.
 - You need to ensure that you do not place stress on the ligaments by moving the joint beyond its normal range and movement direction.

THERE IS A CHOICE BETWEEN QUESTION 3 AND QUESTION 4.

QUESTION 3 (CHOICE QUESTION)

MEMO:

FOCUS OF QUESTION	7	TOPICS			ABILITY LEVELS		
Spine/joints	1	1 2 3			MEDIUM	HIGH	
	V						
Remembering – 3.1				4			
Application – 3.2, 3.3					2 + 2		

ANSWERS

- 3.1 A Cervical
 - B Thoracic
 - C Lumbar
 - D Sacral (4)
- 3.2 Allocate 2 marks if the learner has a good knowledge of the functions of the spine.
 - It acts as a shock absorber because of all its curves.
 - It assists movement.
 - It is a protective shell for the spinal column.
 - It is a point of attachment for muscles.
 - It supports the body in an upright position.
 - It aids in good posture and balance. (2)
- 3.3 Allocate 2 marks for 2 correct movements of the spine.
 - As you bend over to touch your toes (flexion)
 - Bending backwards (extension)
 - Turning your torso to the right or left side (axial rotation)
 - Bending sideways (lateral flexion) (2)
 [8]

OR

QUESTION 4 (CHOICE QUESTION)

MEMO:

FOCUS OF QUESTION	TOPICS			ABILITY LEVELS		
Anatomical actions/muscles	1	1 2 3			MEDIUM	HIGH
Remembering – 4.1				4		
Application – 4.2					4	

ANSWERS:

	4.2.4	Sartorius	(1) [8]
	4.2.3	Pectoralis major	(1)
	4.2.2	Gluteus Maximus	(1)
4.2	4.2.1	Gastrocnemius	(1)
	4.1.4	Extension	(1)
	4.1.3	Abduction	(1)
	4.1.2	Flexion	(1)
4.1	4.1.1	Extension	(1)

QUESTION 5

MEMO:

FOCUS OF QUESTION	TOPICS				ABILITY LEVELS		
Mental health/relaxation/	1 2 3			LOW	MEDIUM	HIGH	
components of fitness							
Remembering – 5.2				4			
Application – 5.1.1					3		
Evaluate - 5.1.2						2	
Analysis - 5.3					3		

NOTE TO MARKERS:

Use professional judgement when assessing the quality of the answer. Evaluate the whole answer in context to what the candidate knows and award marks accordingly. Bullets added to aid marking.

POSSIBLE ANSWERS:

5.1 5.1.1 Allocate 3 marks if the learner can give ideas to their fellow class mate of how to take charge of their circumstances.

I can tell him/her to take charge of his/her:

- Thoughts (concentrate, think positively and stay in control when you recognise a stressful situation, talk about it or keep a diary)
- Emotions (stay calm, believe in yourself and overcome your fears)
- Schedule (stay committed and plan your short and long term goals and stick to them)
- Environment (create a safe place for yourself, apply relaxation techniques)
- Relationships (communicate clearly, respect other learner's opinion and their space).
- 5.1.2 Allocate 2 marks if the learner can recommend relaxation techniques to help them cope.
 - Apply relaxation techniques such as meditation, yoga, stretching and swinging types of movements.
 - Make sure that you are comfortable in a well-ventilated environment with as little noise as possible and subdued lighting to ensure concentration.
 - To relax and reduce muscle tension, lie on the floor and feel comfortable, imagine a peaceful setting and then focus on controlled, relaxing breathing, slowing your heart rate, or feeling different physical sensations, such as relaxing each arm or leg one by one.
 - Focus on slowly tensing and then relaxing each muscle group.
 This helps you focus on the difference between muscle tension and relaxation. Start by tensing and relaxing the muscles in your toes and then slowly working your way up to your neck and head. You can also start with your head and neck and work down to your toes. Tense your muscles for at least five seconds and then relax for 10 seconds, and repeat.
 - Close your eyes and visualise you are taking a journey to a
 peaceful, calming place or situation. Choose that place, try to
 use as many senses as you can, including smell, sight, sound
 and touch. If you imagine relaxing on a hot day in a beautiful
 forest with soft grass and high trees, think about such things as
 the smell of the trees, the sound of the wind, the coolness of the
 grass and the sunrays through the leaves.

(2)

5.2 5.2.1 Endurance (1)

5.2.2 Strength (1)

5.2.3 Flexibility (1)

5.2.4 Core stability (1)

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5.3 **ENDURANCE**

How to improve it in the dance class: Candidates should supply three detailed and specific examples.

- Endurance involves doing movements in the dance class that travel or jump – aerobic-type movements.
- You could increase the amount and length of time you spend on jumping sequences in the class as well as combinations that move across space and are continuous – not stop-start.
- You also need to keep adapting your exercises so the body is continually challenged with new and different demands, i.e. progressive overload.

STRENGTH

How to improve it in the dance class: Candidates should supply three detailed and specific examples.

- All the muscles of the body, arms and legs need to be developed through specific exercises for each body part.
- All exercises must use the overload principle which means doing more and asking your muscles for more each lesson.
- You need to do a variety of muscle strengthening exercises to develop overall strength and power. A balance between muscle groups must be maintained for your body to be highly effective and strong.

FLEXIBILITY

How to improve it in the dance class: Candidates should supply three detailed and specific examples.

- Small gentle stretching exercises should be included in the warm-up.
- Long sustained stretches should occur at the end of the class when the muscles are warm and pliable.
- All parts of the body need to be flexible as an unbalanced level of flexibility in different parts of the body can lead to injury.
- Slow sustained stretches are the safest type of stretching methods.
- The use of breathing while you hold the stretch is important for releasing tension in the muscles and allowing the body to go further into the stretch.

(3)

[12]

TOTAL SECTION A: 40

SECTION B: DANCE HISTORY AND LITERACY

QUESTION 6

MEMO:

FOCUS OF QUESTION	TOPICS			ABILITY LEVELS		
Dance forms/Styles	1	2	3	LOW	MEDIUM	HIGH
Recognising – 6.1.1, 6.1.3, 6.1.4				6		
Analysis - 6.1.2					2	
Evaluate – 6.2						2

NOTE TO MARKERS:

Many possible answers may be given. Use professional judgment when assessing the candidate's answers. No mark must be given for the names of the dance forms in QUESTION 6.1. Bullets added to aid marking.

POSSIBLE ANSWERS:

6.1 Allocate 4 marks per dance forms for a detailed description on all 4 bullets.

6.1.1 **Ballet:**

Ballet works are performed by professional dancers, usually in a theatre.

(1)

(1)

- This dance form uses the outward rotation of the legs from the hip joint, stretched feet as well as the five positions of the feet, rounded arm lines and set positions of the arms.
 - The style of ballet is to defy gravity with grace and a very strict technique.
 - Ballet consists of barre work, centre work, *pirouettes*, *ports de bras*, *adage*, and *allegro* consisting of small and big jumps with and without *batterie*.
 - Female dancers do pointe work. Blocked toe shoes are worn and dancers perform on the tips of their toes.
- 6.1.3 The dancers usually wear elaborate costumes tutus/velvet jackets and skirts etc. (1)
- 6.1.4 Ballet originally only used classical music scores but today you would find a variety of music used. (1)

6.1.1 African Dance:

African dance is usually performed by the community and has a specific purpose/function.

(1)

- African dance uses the natural bends of the body.
 - Movements are danced towards the ground and compliment gravity instead of defying it.
 - Basic and complex rhythmic patterns are used.
 - Everyday movements are used or movements imitating or dramatising the natural world (birds, animals, insects or plants) or the elements such as fire, water, earth (and air are used as a stimulus for movement for example walking and striding (Mohobelo of the Southern Basotho), shuffling of the feet (Trance Dance of the San and Umxentso of amaXhosa diviners), leaping (ostrich mating dance of the Kalahari San and Setapa dance by the Batswana) stamping (iNgoma of amaZulu) vibrating and shaking (uMtytyimbo of amaMpondo), mime and gestures (charm dance of Bororo Fulani), kneeling (Mokgibo of Southern Basotho women and girls), jumping (warrior dance of the Masai).
 - Dances generally have a theme (fertility/courtship/work/hierarchy, etc.) and purpose (protest, socialisation, celebration, questioning social issues, etc.)

(1)

- African dance costumes vary greatly depending on the cultural and age group that performs the dance.
 - Animal skins are commonly used as well as elaborate bead work, brown or brightly coloured material, ankle rattles, feathers, etc.

(1)

- Musical accompaniment usually consists of drums, singing, clapping and/or chanting.
 - The drums, singing, clapping and rattles together with the stamping of the feet create polyrhythmic sounds.

(1)

- 6.2 Allocate 2 marks for valid reasons why it is important to keep dances from indigenous cultures alive.
 - So that we can learn from it.
 - So that the ancient traditions of the past can be nurtured and kept alive.
 - So that the generations to come will know where their traditions come from.

(2)

[10]

QUESTION 7

MEMO:

FOCUS OF QUESTION	TOPICS			ABILITY LEVELS		
International choreographer	1	2	3	LOW	MEDIUM	HIGH
Remembering – 7.1, 7.2				1 + 3		
Analysis - 7.3, 7.4					4 + 4	
Evaluate – 7.5						3

NOTE TO MARKERS:

Many possible answers could be given according to which choreographer the candidate has studied. Use professional judgment when assessing the quality of the candidates answer. Candidates may have given more information in one section than in another. Evaluate the whole answer in context to what the candidate knows and award marks accordingly. Numbering has been included in the memo to aid marking. Numbering must not be included in the candidate's answer – TRIBUTE.

ONE POSSIBLE ANSWER:

7.1 Allocate 1 mark for the place of birth.

Christopher Bruce was born in Britain.

(1)

- 7.2 Allocate 3 marks for a detailed description of the choreographer's background and dance training.
 - As a young boy he contracted polio which damaged his legs. His father encouraged him to dance believing it would help improve his legs and it could provide a good career.
 - He began taking classes at the Benson Stage Academy in Scarborough where he was taught ballet, tap and acrobatic dance.
 - Elements of all these early styles are evident in his choreography.
 - At the age of thirteen Bruce joined the Ballet Rambert School and was accepted into the company in 1963. At this stage it was primarily a ballet company. In 1966 the artistic director, Norman Morrice persuaded Rambert to include contemporary works in the repertoire.

(3)

- 7.3 Allocate 4 marks if the learner has given a detailed explanation of the choreographer's choreographic career.
 - He performed largely for the Rambert Dance Company with some guest appearances for other companies. His last major role was in 1988 for the London Festival Ballet.
 - Bruce's choreographical talents were both inspired and encouraged by the Rambert Company.
 - The company had a reputation for nurturing young choreographers and the variety and experimentation of the work of the company stimulated Bruce's natural talent.
 - He is recognised as the last choreographer to be nurtured by the company's founder, Marie Rambert.
 - Bruce created his first work, <u>George Frideric</u> in 1969. He choreographed a further twenty works for the company, and was associate director and then associate choreographer.
 - Bruce was increasingly in demand as a choreographer all over the world.
 He has built a relationship with the Nederland's Dance Theatre, Royal Danish Ballet and the Houston Ballet and has choreographed for musicals, operas, film and television.
 - From 1994 to 2002 Bruce was the director of the Rambert Dance Company and in this role he commissioned many new works by famous international choreographer such as Merce Cunningham (USA) and Jiri Kilian (Netherlands).

(4)

- 7.4 Allocate 4 marks for an elaboration of the choreographer's dance style.
 - His works usually have a clear theme and there is a strong sense of character, but room is left for individual interpretation.
 - His ballets have a narrative quality or some kind of subject matter.
 - However, it is often not a specific one-line narrative, but a layer of images which form a kind of collage and leave room for the audience's imagination to work.
 - Bruce has often dealt with political and social themes in his choreography and his work generally develops from a particular stimuli such as music, art or writing.
 - In re-working his chosen theme into movement he abstracts the idea rather than interpreting it in a literal way.
 - Bruce has used a wide range of music from classical to folk to popular tunes.
 - Costume, lighting and design contribute to the development of his ideas but it is important to Bruce that these elements allow freedom of movement and do not detract from the choreography.
 - Bruce's movement vocabulary is drawn from classical ballet and contemporary dance, most notably the Graham-technique which formed a large part of his training.
 - His choreography will draw on other dance styles namely folk and social dance and tap sequences depending on the ideas behind the work.
 - 'Everyday' movements and gesture are incorporated and often used.

- 7.5 Allocate 3 marks if the learner has a conclusion with an overview of the choreographer's work.
 - Christopher Bruce is one of Britain's leading choreographers, working with both classical and contemporary companies throughout the world.
 - In June 1998 Christopher Bruce's role as one of Britain's leading choreographers in both ballet and contemporary companies was acknowledged as he was awarded a CBE for a lifetime of service to dance.
 - He has developed a vast repertoire of works that companies are still using today.
 - He continues to have great success as a choreographer and is known for his skill in grafting folk dance steps into balletic movement vocabulary and his use of social themes as a source of inspiration for dance works.

(3) **[15]**

QUESTION 8 (CHOICE QUESTION)

MEMO:

FOCUS OF QUESTION	TOPICS			Al	ABILITY LEVELS		
South African	1 2 3			LOW	MEDIUM	HIGH	
choreographer/dance work			1				
Remembering - 8.2				5			
Application – 8.3, 8.4					3 + 4		
Evaluation – 8.5						3	

NOTE TO MARKERS:

Many possible answers could be given according to which choreographer the candidate has studied. Use professional judgment when assessing the quality of the candidates answer. Candidates may have given more information in one section than in another. Evaluate the whole answer in context to what the candidate knows and award marks accordingly. Numbering and bullets have been included in the memo to aid marking.

ONE POSSIBLE ANSWER:

- 8.1 No mark allocated for the name of the choreographer and dance work.
- 8.2 Allocate 5 marks for a detailed description of the synopsis/theme/story.
 - Orpheus in the Underworld is a highly comical ballet based on the Greek legend of Pluto, god of the Underworld, who falls in love with Eurydice, wife of Orpheus, and lures her to his kingdom.
 - Paeper's narrative work has abandoned the traditional story of Orpheus and has based her ballet on Jacques Offenbach's operetta.
 - The action is set in the late 1920's, early 1930's within a decided Franco-Italian background with Pluto as the head of a Mafia-type underworld, Calliope, Orpheus' somewhat neurotic and later inebriated mother and Offenbach himself keeping an eye on the proceedings.

Act 1: Hotel le Grand

Orpheus and Eurydice's marriage is not happy, so that when Pluto seduces and abducts Eurydice both she and Orpheus are delighted. However, when Calliope, Orpheus's mother, arrives and discovers what has happened, she is very shocked and demands, in the interest of mythology, that Orpheus goes to Olympus to seek assistance in claiming back Eurydice from the Underworld. Naturally, his mother insists on accompanying him.

Act 2: Olympus

On Olympus life is a little boring and when Pluto reveals his latest conquest, Eurydice, it offers a welcome though somewhat unsettling diversion. Orpheus and Calliope arrive and Jupiter assents to her request for aid, whereupon all the gods and goddesses decide to accompany them to Hades, the Underworld.

Act 3: Hades

Eurydice is now the star of the Underworld's nightclub. Just when all are enjoying themselves, Calliope spoils their fun by reminding Jupiter of their purpose. He commands Orpheus to leave, followed by Eurydice, but Offenbach intervenes and everything is thrown into confusion (Offenbach is one of the characters in the ballet.)

(5)

- 8.3 Allocate 3 marks for a detailed explanation of the production elements like costume and set design.
 - Peter Cazlet designed both the costumes and the scenery.
 - The evening coats worn by the "goddesses" were designed by Dicky Longhurst.
 - The styles of costumes throughout the ballet are typical of the late '20's and early '30's
 - The sets are spectacular.
 - The opening scene has a lavish staircase,
 - Olympus is set like a luxury cruise liner decked out with a pool and chairs.
 - Hades is set as a sultry nightclub with the predominant colours being reds, deep pink and black.

(3)

- 8.4 Allocate 4 marks if the learner includes the name of the composer/artists/ genre/instrumentation, and explain how the music was used to enhance the dance work.
 - The music was composed by Jacques Offenbach and arranged for the ballet by Michael Tuffin.
 - Offenbach was a French composer.
 - He was born in Cologne, Germany in 1819 and moved to Paris in 1833 to study the cello.
 - His operettas are humorous, witty and satirical.
 - His first success was *Orpheus in the Underworld* which opened at the Bouffes-Parisien Theatre in 1958.
 - In keeping with the concept that Orpheus is a violin teacher, the famous violin solo from Offenbach's operetta has been retained for the ballet.
 - Another identifiable piece is the Can can. Many of the melodies are a fusion of two or more tunes from the different Operettas Offenbach composed.

(4)

- 8.5 Allocate 3 marks if the learner can give a detailed discussion of what has made this dance work successful.
 - The work has a classical ballet tradition but steps are combined with everyday movements.
 - The style and the steps suit the era of the work which was set in the 1920's and 30's.
 - Paeper used the personalities of her dancers as inspiration for her choreographies.
 - Paeper is always open to suggestions and to other people's movements.
 - She would set the choreography with as much input from the dancers and would encourage them to use their own personal interpretations of their roles.
 - The key ingredient that makes this ballet innovative is its wonderful sense of humour.
 - It is pure entertainment and audiences are drawn to the ballet for that very reason.
 - She never wanted to bore the audience and in this ballet she certainly has achieved that.

(3) **[15]**

OR

QUESTION 9 (CHOICE QUESTION)

MEMO:

FOCUS OF QUESTION	TOPICS			ABILITY LEVELS		
South African dance work -	1 2 3			LOW	MEDIUM	HIGH
Gregory Maqoma			V			
Remembering – 9.1				3		
Analysis - 9.2, 9.3					6 + 2	
Evaluate- 9.4						4

NOTE TO MARKERS:

Use professional judgment when assessing the quality of the candidates' answers. Candidates may have given more information in one section than in another. Evaluate the whole answer in context to what the candidate knows and award marks accordingly. Bullets have been included in the memo to aid marking.

ANSWER

- 9.1 Allocate 3 marks for a relevant description of the intention of the dance work.
 - Maqoma wrote this piece to create awareness of our contribution as human beings to the deterioration of our planet.
 - He wanted to highlight the beauty of nature and how cultures and traditions are important in upholding humanity.
 - It is also to celebrate life.
 - The work is about humans in need of healing.
 - It also embraces the beauty of the planet and provides hope to future generations.

- With climate change high on the list of concern for all of us, this is a most relevant piece.
- It is an uncomplicated piece yet portrays a hard hitting message identifying with the world, from where it has come, to where it is going: how the world is at the mercy of human hands.
- It is an exploration of the way we treat our planet and the inevitable consequences.
- Four Seasons takes the audience from the winter season of loss and despair meandering through to summer as hope for new beginnings starts to shed light and prosperity for the human race to start living again.
- This cyclical movement is also seen as symbolic to our own experiences as we each have a time of seasonal change within ourselves, thus each season describes not only the world and the human effect on the world but the state of the human psyche.

(3)

9.2 Allocate 6 marks if the learner gives a detailed explanation on how the choreographer used the lighting, costumes, and movement vocabulary in any **TWO** of the four seasons.

Mark only **TWO** of the four seasons.

Winter:

- The lighting promotes a grey, cold feeling.
- The dancers are dressed in black capes with hoods, adding to the coldness of the unknown.
- Their movements are staccato, sharp, forceful and square responding to the music.
- The dancers march around the stage creating a feeling of soldiers/war.

Spring:

- The dancers shed the capes worn in 'winter' to reveal the spring colours in their costumes.
- The lighting becomes warm and highlights the costumes.
- The dancers become creatures in the wild; depicting spring as the beginning of life, the greenery, flowers blooming, antelopes galloping, different birds priding themselves in their feathers.
- There are bursts of energy from different dancers, taking the space; it is a joyful dance.

Autumn:

- The costumes reflect brown leaves depicting a dry season.
- The lighting uses gobos, creating floor patterns to reflect the dry land.
- The dancers become victims of strong winds, bodies thrown to the floor, wind-milling and showing a sense of danger.
- The two dancers left in the scene, accompanied by a violin, take us on a
 journey of survival, loss and pain.

Summer:

- The dancers are dressed in red costume.
- The lighting is warm and glowing reflecting the reds of the costumes.
- In this scene we see hope and bursts of joyful movements showing unity among the dancers and support for each other.
- The music changes to Brazilian samba rhythms influencing the movements.

(6)

9.3 Allocate 2 marks for a detailed explanation of how the video projection was used in any **TWO** of the seasons.

Scene 1: Winter

The atmosphere of winter is captured by the grey lighting and the video projection of a dilapidated building seen through falling snow.

Scene 2: Spring

The video projection of flowing flowers sets the scene. The lighting becomes warm and highlights the 'spring' costumes.

Scene 3: Autumn

The video projection reflects brown leaves, depicting the dry season. This is enhanced by the lighting that creates pools of floor patterns symbolic of a dry land.

Scene 4: Summer

The video projection is a map of Africa, green in colour, showing that there is a future in Africa.

(2)

- 9.4 Allocate 4 marks for a detailed discussion of how the band and music enhanced the atmosphere of the production.
 - The music is played live on stage by four musicians; violinist, lead and bass guitarists and drummer/percussionist.
 - These musicians are placed at the back of the stage behind a scrim and are visible during some sections and disappear during others.
 - The music reflected the mood in all the seasons:

Winter:

The musicians were not visible but provided the rhythmic drive to the dancers marching movements. The music creating an eerie feeling of a waste land/abandonment at the stat. It became loud/harsh and powerful.

• Spring:

The musicians are revealed for the first time adding a feeling of depth to the stage. The music becomes more rooted in African rhythms as does the dance.

Autumn:

The music sets the scene with the sound of wind blowing, building to a rock and roll feel, depicting chaos and loss. The mournful sounds of the violin accompany the two dancers left on stage echoing their sense of pain and loss.

• Summer:

The music is vibrant with a Brazilian samba feel to it influencing the dance movements which include the sensual use of hips as performed in a samba.

(4)

[15]

QUESTION 10

MEMO:

FOCUS OF QUESTION	TOPICS			ABILITY LEVELS		
Music	1	2	3	LOW	MEDIUM	HIGH
		√				
Remembering – 10.1				5		
Analysis - 10.2, 10.3					4 + 1	

ANSWERS:

10.1	10.1.1	Tempo	(1)
	10.1.2	Melody	(1)
	10.1.3	Dynamics	(1)
	10.1.4	Polyrhythms	(1)
	10.1.5	Harmony	(1)

10.2 Any **TWO** possible answers:

- Classical music: Music composed and produced in the Western and European tradition that includes opera, chamber music and symphony. Composers are Bach, Beethoven and Offenbach.
- Religious music: Also known as sacred music or music that has been composed to complement any religion.
 Such as gospel music, spiritual music, Rastafarian music, etc.
- Electronic music: Music generated or reproduced electronically that
 make use of electronic music instruments, such as electric guitar,
 synthesisers and computers. Pop music compositions use electronic
 music.
- Popular music: This is well known music normally created, performed and enjoyed by people from all social backgrounds e.g. Jazz, hip-hop, Blues, etc.
- **Traditional music and folk music**: It is music that belongs to specific culture groups. It is recognised by its musical style or flavour created by typical instrumentation, (e.g. pennywhistles, tambourines, etc.), melodies and rhythms and language in case of song, e.g. *Shosholoza*.

(4)

10.3 Chordophone/string (1) [10]

QUESTION 11

MEMO:

FOCUS OF QUESTION		TOPIC	CS	ABILITY LEVELS		ELS
Improvisation/careers/	1	2	3	LOW	MEDIUM	HIGH
choreographic elements						
Remembering – 11.3 naming				1		
Application – 11.1, 11.3					4 + 2	
Evaluate – 11.2						3

POSSIBLE ANSWERS:

- 11.1 11.1.1 The part of the stage furthest from the audience. (1)
 - 11.1.2 Off stage areas to the right and left of the stage where performers prepare to enter the stage. (1)
 - 11.1.3 The stage opening that frames and separates the audience from the performers on a formal stage. (1)
 - 11.1.4 A straight screen/back wall/cloth hung at the rear of the stage onto which lighting/effects can be projected. (1)
- 11.2 Allocate 3 marks for relevant reasons why trust in dance is important. Bullets are used to aid marking.
 - Trust in dance means sharing space with other dancers.
 - This requires touching, for example in lifts and partner work.
 - It is important to treat the bodies of your colleagues and your own with respect.
 - Your partner should make you feel safe at all times and you in turn should make your partner feel safe.
 - Trusting one another helps to promote social relationships.
 - It also helps to promote creativity and make you feel less self-conscious or threatened.
 - It makes you sensitive in the way you move with other dancers.
 - Trust helps you to co-operate and work together. (3)

- 11.3 Allocate 1 mark for naming a career and 2 marks for the skills needed to be able to do this career successfully. Bullets are used to aid marking. Some possible examples:
 - **Dance teacher** Teaching diploma, patience, love and children.
 - **Choreologist** Qualifications in Benesh notation, knowledge of dance terms and steps.
 - **Set designer** Artistic flair and knowledge of stage design and knowledge of dance work being presented.
 - Pilates instructor Sound grounding in anatomy, people skills and love of exercise, etc.
 - **Costume designer** Artistic flair, sowing abilities, knowledge of texture, material and specific fit for moving bodies.
 - Physiotherapist Degree in physiotherapy, people skills and business skills.
 - **Dietician** Diploma in nutrition, people skills and business skills.
 - **Dance historian** Excellent writing skills, extensive knowledge of dance and its origins and an inquiring mind.
 - **Dance therapist** Knowledge of anatomy, a love of children and people, and a caring personality.

(3) [**10**]

TOTAL SECTION B: 60
GRAND TOTAL: 100

Sommige moontlike voorbeelde: gebruik om merk te vergemaklik. hierdie loopbaan vereis om dit suksesvol te kan doen. Kolpunte word Ken 1 punt toe vir die benaming en 2 punte vir die bekwaamhede wat E.11

- Dansonderwyser Onderrigdiploma, geduld, liefde en kinders.
- en passies. Choreologis – Kwalifikasies in Benesh-notasie, kennis van dansterme
- die danswerk wat aangebied word. Stelontwerper – Kunstig en kennis van verhoogontwerp en kennis van
- Pilates instrukteur Algemene kennis in anatomie, mensevaardighede,
- tekstuur en materiaal wat spesifieke geskik is vir die bewegende Kostuumontwerper – Kunstig, naaldewerk-vermoëns, kennis van en liefde vir oefening, ens.
- Fisioterapeut Graad in fisioterapie, mensevaardighede en sake-
- Dieetkundige Diploma in voeding, mensevaardighede en sakevaardighede.
- Danshistorikus Uitstekende skryfvaardighede, uitgebreide kennis van vaardighede
- omgee-persoonlikheid. Dansterapeut – Kennis van anatomie, 'n liefde vir kinders en mense en 'n dans en sy oorsprong en 'n ondersoekende gees.

TOTAAL AFDELING B: [10]

:JAATOTTOOA9

100

09

(5)

Blaai om asseblief Kopiereg voorbehou

II DAARV

WEWO:

3						Z.ff – gnirəulsv∃	
	7 + 7					5.11 ,1.11 - gnissaqəoT	
		l				Herinnering – 11.3 naam	
				Λ		Choreografiese elemente	
900H	MEDINM	Ð∀∀⊓	3	2	l	Improvisering/loopbane/	
KKE	AJVSNÄON	VERI	P.	ERWER	OND	-OKUS VAN VRAAG	

MOONTLIKE ANTWOORDE:

- 11.1.1 11.1.1 Die gedeelte van die verhoog wat die verste van die gehoor is.

 11.1.2 Die gebied aan die linker- en regterkant van die verhoog waar kunstenaars voor berei om die verhoog te betree.

 11.1.3 Die formele verhoogopening wat die gehoor van die kunstenaars skei.

 11.1.4 'n Reguit skerm/agterste muur/doek wat aan die agterkant van die verhoog hang en waaraan beligting/effekte geprojekteer kan word.

 11.1.4 'n Verhoog hang en waaraan beligting/effekte geprojekteer kan word.

 (1)
- 11.2 Ken 3 punte toe vir relevante redes waarom vertroue in dans belangrik is.
- Kolpunte word gebruik om merk te vergemaklik.
- Vertroue in dans is om ruimte met ander dansers te deel.
- Dit vereis dat julle aan mekaar raak, byvoorbeeld as dansers mekaar oplig en wanneer jy met 'n maat werk.
- Dit is belangrik om die liggame van jou kollegas en ook jou eie met
- respek te behandel.
 Jou maat moet jou ten alle tye veilig laat voel en jy moet jou maat op sy beurt ook veilig laat voel.
- Vertroue in mekaar help om sosiale verhoudings te bevorder.
- Dit help ook om kreatiwiteit te bevorder en dra daartoe by dat jy minder
- selfbewus of bedreig voel.

 Dit help jou om sensitief te wees op die manier wat jy tussen ander
- dansers beweeg.
 Vertroue in dans help jou om gemaklik met ander dansers saam te werk.
 (3)

Kopiereg voorbehou Blaai om asseblief

01 DAARV

WEMO:

	l + Þ					Analisering – 10.2, 10.3
		9				Herinnering – 10.1
				Λ		
H00G	WEDINW	DAA J	3	7	L	Musiek
KKE	VERMOËNSVLAKKE		ОИДЕКМЕКЬ			FOKUS VAN VRAAG

: **GROOWTNA**

(1)	Harmonie	3.1.01	
(1)	Poliritmes	4.1.01	
(1)	Dinamika	8.1.01	
(1)	Melodie	2.1.01	
(1)	Lempo	1.1.01	1.01

10.2 Enige **TWEE** moontlike antwoorde:

- Klassieke musiek: Musiek wat saamgestel en geproduseer is in die Wes- en Europese tradisie wat opera, kamermusiek en simfonie insluit.
 Komponiste is Bach, Beethoven en Offenbach.
- Godsdienstige musiek: Ook bekend as gewyde musiek of musiek wat saamgestel is om enige godsdiens te komplimenteer.
 Soos gospel musiek, geestelike musiek, Rastafariër musiek, ens.
- Elektroniese musiek: Musiek wat voortgebring of elektroniese gereproduseer word en wat gebruik maak van elektroniese musiek-instrumente, soos elektriese kitaar, sintetiseerders en rekenaars. Popmusiek komposisies gebruik elektroniese musiek.
 Populêre musiek: Dit is bekende musiek wat normaalweg geskep,
- uitgevoer en geniet word deur mense van alle sosiale agtergronde bv. Jazz, hip-hop, Blues, ens.

 Tradisionele musiek en volkmusiek: Dit is musiek wat behoort aan
- spesifieke kultuurgroepe. Dit word erken deur sy musiekstyl of geur geskep deur tipiese instrumentasie, (bv. tradisionele penniefluitjies, tamboeryne, ens), melodieë en ritmes en taal in die geval van liedere, bv. Shosholoza.
- (1) Chordofoon/snaarinstrument [10]

(7)

Kopiereg voorbehou Blasi om asseblief

9.3 Ken 2 punte toe vir 'n gedetailleerde verduideliking van die videoprojeksie in enige **TWEE** van die seisoene.

- Toneel 1: Winter
- Die atmosfeer van die winter is gevang deur die grys beligting en die video projeksie van 'n vervalle gebou gesien deur vallende sneeu.
- Toneel 2: Lente

 Die videoprojeksie van vloeiende blomme stel die toneel voor. Die beligting word warm en beklemtoon die 'lente' kostuums.

 Toneel 3: Herts
- Die videoprojeksie weerspieël bruin blare, wat die droë seisoen uitbeeld.

 Dit word verbeter deur die lig wat poele van vloerpatrone skep wat simbolies is van 'n droë land.

 Toneel 4: Somer
- Die videoprojeksie is 'n kaart van Afrika, groen in kleur, wys dat daar 'n toekoms in Afrika is.
- 9.4 Ken 4 punte toe vir 'n gedetailleerde bespreking oor hoe die musiekgroep en musiek die atmosfeer van die produksie verbeter het
- Die musiek word lewendig gespeel op die verhoog deur vier musikante; violis, hoof- en baskitaarspelers en tromspeler/perkussiespeler.
- Hierdie musikante word op die agterkant van die verhoog geplaas agter linne en is sigbaar in sommige dele en verdwyn tydens ander.
- Die musiek weerspieël die stemming in al die seisoene:
- Winter:
- Die musikante was nie sigbaar nie, maar voorsien die ritmiese dryfkrag aan die dansers se marsbewegings. Die musiek skep 'n onheilspellende gevoel van 'n verlate land/verlatenheid deur die stad. Dit word hard/skerp en kragtig.
- Die musikante word vorendag gebring en vir die eerste keer bring dit 'n gevoel van diepte na die verhoog. Die musiek word meer gewortel in Afrika-ritmes net soos die dans.
- Herfs:

 Die musiek beeld die toneel met die geluid van die wind wat waai uit, en dit bou na 'n rock en roll gevoel, wat chaos en verlies uitbeeld. Die treurige klanke van die viool begelei die twee dansers op die verhoog wat hul gevoel van pyn en verlies weerklink.
- **Somer:**Die musiek is lewendig en het 'n Brasiliaanse samba gevoel wat die dansbewegings beïnvloed, insluitende die sensuele gebruik van heupe soos uitgevoer in 'n samba.

 (4)

Blaai om asseblief

- hierdie 'n relevante stuk. Met klimaatsverandering hoog op die lys van kommer vir almal van ons, is
- identifiseer met die wêreld, van waar dit gekom het, na die plek waar dit Dit is 'n eenvoudige stuk, nog beeld dit uit 'n harde boodskap wat
- Dit is 'n verkenning van die manier waarop ons die planeet behandel en gaan: hoe die wêreld aan die genade van die menslike hande oorgelaat is.
- wanhoop, kronkelend deur die somer soos dit hoop vir 'n nuwe begin en 'Four seasons' neem die gehoor van die winterseisoen van verlies en die onvermydelike gevolge daarvan.
- Hierdie herhalende beweging word ook as simboliek gesien as ons eie voorspoed vir die mensdom om weer te begin leef.
- (\mathcal{E}) invloed op die wêreld nie, maar ook die toestand van die menslike psige. ons self het, dus elke seisoen beskryf nie net die wêreld en die mens se ervarings soos elkeen van ons 'n tyd van seisoen verandering binne in
- enige **TWEE** van die vier seisoene. choreograaf die beligting, kostuums en bewegings woordeskat gebruik in Ken 6 punte toe as die leerling 'n gedetailleerde verduideliking oor hoe die 2.6

Die beligting bevorder 'n grys, koue gevoel.

Merk slegs **TWEE** van die vier seisoene.

- Die dansers is geklee in swart mantels met kappies, wat bydra tot die
- Hul bewegings is 'staccato', skerp, kragtig en vierkantig wat reageer op koue van die onbekende.
- die musiek.
- oorlog. Die dansers marsjeer om die verhoog en skep 'n gevoel van soldate/

:əţuəŢ

- kleure van hul kostuums te openbaar. Die dansers raak ontslae van wat gedra word in die 'winter' om die lente
- Die dansers word wesens in die natuur; hulle beeld die lente uit as die Die beligting is warm en word beklemtoon deur die kostuums.
- wildsbokke wat galop, die verskillende voëls wat hulself in hul vere pruik. begin van die lewe, deur die groenigheid, die blomme wat bloei, die
- Daar is die gebars van energie uit verskillende dansers, hul neem die

ruimte op; dit is 'n vreugdevolle dans.

Herts:

- Die kostuums weerspieël bruin blare wat 'n droë seisoen uitbeeld.
- Die beligting gebruik gobo's, wat vloerpatrone skep om die droë land te
- Die dansers word slagoffers van sterk winde, liggame word op die vloer weerspieël.
- Die twee dansers wat oor bly in die toneel, vergesel deur 'n viool, neem gegooi, wind-maal en wys 'n gevoel van gevaar.
- ons op 'n reis van oorlewing, verlies en pyn.

20mer:

- Die dansers is geklee in rooi kostuums.
- Die beligting is warm en die rooi van die kostuums weerspieël die hitte-
- In hierdie toneel sien ons hoop en die gebars van vreugdevolle bewegings golwe.
- Die musiek verander na Brasiliaanse samba-ritmes wat die bewegings wat eenheid onder die dansers skep en ondersteuning vir mekaar wys.

(9)beinvloed.

Blaai om asseblief Kopiereg voorbehou

- 8.5 Ken 3 punte toe as die leerling 'n gedetailleerde bespreking kan gee oor wat hierdie danswerk suksesvol gemaak het.
- Die werk het 'n klassieke ballet tradisie maar passies word gekombineer
- met alledaagse bewegings.

 Die styl en die passies pas by die era van die werk wat in die 1920's en 200's yeggegetel is
- 30's vasgestel is.

 Paeper gebruik die persoonlikhede van haar dansers as inspirasie vir haar haar dansers as inspirasie vir haar haar dansers as inspirasie.
- choreografie.
 Paeper is altyd oop vir voorstelle en ander mense se bewegings.
 Sy stel die ebereografie en met seveel insette van die de
- Sy stel die choreografie op met net soveel insette van die dansers en moedig hulle aan om hul eie persoonlike interpretasies van hul rolle te
- gebruik.

 Die sleutel bestanddeel wat hierdie ballet vernuwend maak, is sy
- wonderlike sin vir humor.
 Dit is pure vermaak en trek gehore om presies daardie rede aan.
- Sy wou nooit die gehoor verveel het nie en in hierdie ballet het sy dit beslis nie gedoen nie.

.....

OE

(БААЯУЭВИЭЯ) (ВААЯУ

WEWO:

7						Evaluering – 9.4	
	2+9					Analisering – 9.2, 9.3	
		3				Herkenning – 9.1	
			٨			Gregory Maqoma	
HOOG	WEDINW	DAA J	3	7	L	Suid-Afrikaanse danswerk –	
KKE	VERMOËNSVLAKKE			ONDERWERP		FOKUS VAN VRAAG	

NOTA AAN NASIENERS:

Gebruik professionele oordeel wanneer die kwaliteit van die kandidate se antwoorde geassesseer word. Kandidate het dalk meer inligting in een afdeling as in 'n ander gegee. Evalueer die hele antwoord om te assesseer wat die kandidaat weet en gee punte daarvolgens. Kolpunte is ingesluit in die memorandum om te help met puntetoekenning.

:GROOWTNA

- 9.1 Ken 3 punte toe vir 'n relevante beskrywing van die doel van die danswerk.
- Madoma het hierdie stuk geskryf om bewustheid te maak van ons bydrae as mens tot die agteruitgang van ons planeet.
- Hy wou die skoonheid van die natuur na vore bring en hoe kulture en tradisies belangrik is in die handhawing van die mensdom.
- Dit is ook om lewe te vier.
- Die werk handel oor die mens se behoefte aan genesing.
- Dit behels ook die skoonheid van die planeet en bied hoop aan

toekomstige geslagte.

Blaai om asseblief

(S)

Toneel 1: Hotel le Grand

terugkry. Natuurlik dring sy moeder daarop aan om hom te vergesel. toe gaan om hulp te kry sodat hy Euridike uit die Onderwêreld kan dring daarop aan dat Orpheus, in die belang van die mitologie, Olimpus se moeder, egter opdaag en uitvind wat gebeur het, is sy baie geskok en verlei en ontvoer, is beide sy en Orpheus verheug. Toe Kalliope, Orpheus Orpheus en Euridike se huwelik is nie gelukkig nie, en toe Pluto Euridike

- **Toneel 2: Olimpus**
- Hades, die Onderwêreld, te vergesel. versoek om hulp, waarop al die gode en godinne besluit om hulle na afleiding. Orpheus en Kalliope daag op en Jupiter stem toe tot haar sy nuutste verowering, bied dit welkome hoewel ietwat verontrustende Op Olimpus is die lewe taamlik vervelig, en toe Pluto vertel van Euridike,
- (Offenbach is een van die karakters in die ballet.) Euridike saam met hom. Maar Offenbach gryp in en alles ontaard in chaos die doel waarvoor hulle gekom het. Hy beveel Orpheus om te gaan, met die pret goed op dreef is, bederf Kalliope dit deur Jupiter te herinner aan Euridike is teen dié tyd die ster van die Onderwêreld se nagklub. Net toe Toneel 3: Hades
- elemente soos kostuum en stelontwerp. Ken 3 punte toe vir 'n gedetailleerde verduideliking van die produksie-£.8
- Peter Cazlet ontwerp beide die kostuums en dekor.
- Die aandjasse wat die "godinne" dra is ontwerp deur Dicky Longhurst.
- vroeë '30s. Die styl van die kostuums reg deur die ballet is tipies van die laat '20s en
- Die dekor is skouspelagtig.
- Olimpus lyk soos 'n luukse passasiersboot kompleet met swembad en Die openingstoneel het 'n swierige trap.
- stoele.
- kleure rooi, donkerpienk en swart. Hades word uitgebeeld as 'n bedompige nagklub met die oorheersende

 (\mathcal{E})

(5)

- danswerk te verbeter. instrumentasie, insluit en verduidelik hoe die musiek gebruik was om die Ken 4 punte toe as die leerling die komponis/kunstenaars/genre/ 4.8
- verwerk deur Michael Tuffin. Die musiek was gekomponeer deur Jacques Offenbach en vir die ballet
- Offenbach was 'n Franse komponis.
- toe om tjellolesse te neem. Hy word in 1819 in Cologne, Duitsland gebore en verhuis in 1833 Parys
- Sy operettes is vermaaklik, spitsvondig en satiries
- Sy eerste sukses is Orpheus in die Onderwêreld wat in 1958 by die
- bekende vioolsolo uit Offenbach se operette vir die ballet behou. In aansluiting by die konsep dat Orpheus 'n vioolonderwyser was, word die Bouffes-Parisien Theatre open.
- Nog 'n herkenbare stuk is die Can can. Baie van die melodieë is 'n
- (4) Offenbach gekomponeer het. samestelling van twee of meer wysies uit die verskillende operettes wat

Kopiereg voorbehou Blaai om asseblief

- 7.5 Ken 3 punte toe as die leerling 'n slot het met 'n oorsig van die choreograaf se
- Christopher Bruce is een van Brittanje se leidende choreograwe, in samewerking met beide die klassieke en kontemporêre maatskappye regoor die wêreld.
- In Junie 1998 was Christopher Bruce se rol as een van Brittanje se leidende choreograwe in beide ballet en kontemporêre geselskappe erken met die toekenning van 'n CBE (Commander of the Order of the British Empire) vir 'n lewe toegewy aan dans.
- Hy het 'n groot repertoire van werke ontwikkel wat vandag steeds deur maatskappye gebruik word.
- Hy gaan voort om groot sukses as 'n choreograaf te behaal en is bekend vir sy vaardigheid om volk danspassies in balletbeweging woordeskat te omskep en sy gebruik van sosiale temas dien as 'n bron van inspirasie vir danswerke.

(S) [31]

VRAAG 8 (KEUSEVRAAG)

WEMO:

3						Evaluering – 8.5	
	4 + £					1.8 ,£.8 – gnisssqəoT	
		9				Herkenning – 8.2	
			Λ			choreograaf/danswerk	
HOOG	MEDINM	DAA J	3	2	l	Suid Afrikaanse	
VKKE	VERMOËNSVLAKKE			ERWEI	OND	FOKUS VAN VRAAG	

INTA AAN NASIENERS:

Baie moontlike antwoorde kan gegee word, afhangende van watter choreograaf die kandidaat bestudeer het. Gebruik professionele oordeel wanneer die kwaliteit van die kandidate se antwoorde geasseseer word. Kandidate het dalk meer inligting in een afdeling as in 'n ander gegee. Evalueer die hele antwoord om te assesseer wat die kandidaat weet en gee punte daarvolgens. Nommering en kolpunte is ingesluit in die memorandum om te help met puntetoekenning.

EEN MOONTLIKE ANTWOORD:

- 8.1 Geen punte word toegeken vir die naam van die choreograaf en danswerk nie.
- 8.2 Ken 5 punte toe vir 'n gedetailleerde beskrywing van die sinopsis/tema/storie.
- Orpheus in die Onderw\(\text{e}\)reld is 'n uiters komiese ballet gebaseer op die Griekse legende van Pluto, god van die Onderw\(\text{e}\)reldie van Verlief raak op Euridike, vrou van Orpheus, en haar dan lok na sy koninkryk.
- Paeper se storie doen weg met die tradisionele verhaal van Orpheus, en sy baseer haar ballet op Jacques Offenbach se operette.
- Die aksie vind plaas in die laat 1920's, vroeë 1930's binne 'n Frans-Italiaanse agtergrond met Pluto as hoof van 'n Mafia-tipe onderwêreld, Kalliope, Orpheus se ietwat neurotiese en later dranksugtige moeder en Offenbach self wat 'n ogie hou oor die verrigtinge.

Kopiereg voorbehou Blasi om asseblief

die choreograaf se choreografiese loopbaan. Ken 4 punte toe as die leerling 'n gedetailleerde verduideliking kan gee van E.T

- Bruce se choreografie-talente was deur die Rambert-geselskap laaste belangrike rol was in 1988 vir die London Festival Ballet. Company) opgetree, met enkele gasoptredes vir ander geselskappe. Sy Hy het hoofsaaklik vir die Rambert Dansgeselskap (Rambert Dance
- Die geselskap het 'n reputasie vir die voeding en koestering van jong geïnspireer en aangemoedig.
- die geselskap het Bruce se natuurlike talent stimuleer. choreograwe, en die verskeidenheid en eksperimentering in die werk van
- stigter, Marie Rambert, opgelei is. Hy word beskou as die laaste choreograaf wat deur die geselskap se
- choreografeer 'n verdere 20 werke vir die geselskap, en was assistent-Bruce het sy eerste werk, George Frideric, in 1969 geskep. Hy
- Deense Ballet en die Houston Ballet, en choreografeer vir musiekblyspele, het 'n verhouding opgebou met die Nederlandse dansteater, Koninklike Bruce word oor die hele wêreld toenemend gesog as 'n choreograaf. Hy direkteur en daarna mede-choreograaf.
- (VSA) en Jiri Kilian (Nederland). deur beroemde internasionale choreograwe soos Merce Cunningham Dansgeselskap en in hierdie rol het hy opdrag gegee vir baie nuwe werke Van 1994 tot 2002 was Bruce die direkteur van die Rambert operas, film en televisie.
- Ken 4 punte toe as die kandidaat kan uitbrei oor die choreograaf se dansstyl. 4.7
- Sy werke het gewoonlik 'n duidelike tema en daar is 'n sterk gevoel van
- Sy balletwerke het 'n verhalende kwaliteit of tipe onderwerpmateriaal. karakter, maar ruimte word gelaat vir individuele interpretasie.
- beelde wat 'n soort collage vorm en wat ruimte laat vir die gehoor se Dit is egter dikwels nie 'n spesifieke een-reël narratief nie, maar eerder lae
- werk ontwikkel dikwels vanuit 'n bepaalde stimulus soos musiek, kuns of Bruce hanteer dikwels politieke- en sosiale temas in sy choreografie en sy verbeelding om te werk.
- In die verwerking van sy gekose tema in beweging abstraheer hy die idee skryfwerk.
- Bruce gebruik 'n wye verskeidenheid musiek in sy werke, vanaf klassieke eerder as om dit op 'n letterlike manier te interpreteer.
- Kostuums, beligting en ontwerp dra by tot die ontwikkeling van sy idees werke tot populêre deuntjies.
- Bruce se beweging woordeskat word uit klassieke ballet en kontemporêre toelaat en nie afbreuk doen aan die choreografie nie. maar dit is belangrik vir Bruce dat hierdie elemente bewegingsvryheid
- gevorm het. dans gehaal, veral die Graham-tegniek wat 'n groot deel van sy opleiding
- 'Alledaagse' bewegings en gebare word ook geïnkorporeer en gebruik. dans en klopdans reekse afhangende van die idees agter die werk. Sy choreografie kom uit ander dansstyle, naamlik volksdanse en sosiale

(4)

(4)

Blaai om asseblief Kopiereg voorbehou

T DAARV

MEMO:

3						Evaluering – 7.5
	カ + カ					Analisering – 7.3, 7.4
		1+3				Herkenning – 7.1, 7.2
			\wedge			
HOOG	MEDINM	DAA J	3	7	L	Internasionale choreograaf
KKE	VERMOËNSVLAKKE		ONDERWERP		OND	FOKUS VAN VRAAG

NOTA ARN NASIENERS:

Baie moontlike antwoorde kan gegee word, afhangende van watter choreograaf die kandidaat bestudeer het. Gebruik professionele oordeel wanneer die kwaliteit van die kandidate se antwoorde geassesseer word. Kandidate het dalk meer inligting in die kandidaat weet en gee punte daarvolgens. Nommering is ingesluit in die memorandum om merk te vergemaklik. Nommering moet nie ingesluit word in die kandidaat se antwoord nie – HULDEBLYK.

EEN MOONTLIKE ANTWOORD:

- 7.1 Ken 1 punt toe vir die geboorteland.
- Christopher Bruce was in Brittanje gebore.
- 7.2 Ken 3 punte toe vir 'n gedetailleerde beskrywing van die choreograaf se agtergrond en dansopleiding.
- As 'n jong seun het hy polio gekry, wat sy bene beskadig het. Sy vader sy bene te herstel en dat dit 'n goeie loopbaan kon wees.

(1)

- Hy het begin klas neem by die Benson Stage Academy in Scarborough, waar hy onderrig gekry het in ballet, klop- en akrobatiese dans.
- Elemente van al hierdie vroeë style is in sy choreografie sigbaar.
- Op die ouderdom van 13 het hy by die Ballet Rambert School aangesluit, en word in 1963 in die geselskap. In 1966 oortuig die artistieke direkteur, hoofsaaklik 'n balletgeselskap. In 1966 oortuig die artistieke direkteur, Norman Morrice, Rambert om kontemporêre werke in die 'program' in te

sluit.

Kopiereg voorbehou Blaai om asseblief

11	DANSSTUDIES	(7)	MBER 201	3TG3S)
(l)	frika-danse: frika-dans word gewoonlik deur die gemeenskap opgevoer en het 'n pesifieke doel/funksie.	A A	1.1.8	l.8
	Afrika-danse gebruik die natuurlike kromminge/kurwes van die liggaam. Bewegings word na die grond toe gedans en komplementeer swaartekrag eerder as om dit uit te daag. Basiese en komplekse ritmiese patrone word gebruik. Alledaagse bewegings word gebruik of bewegings wat die natuur (voëls, diere, insekte of plante) naboots of dramatiseer, of die elemente, soos vuur, water, die aarde of die lug word as stimulus vir beweging gebruik, byvoorbeeld stap en lang treë gee vir beweging gebruik, byvoorbeeld stap en lang treë gee (Mohobelo van die Suid-Basoeto), voete skuifel (Trance Dance (volstruispaardans van die Kalahari San en Setapa-dans van die (volstruispaardans van die Kalahari San en Setapa-dans van die stawana), voete stamp (iNgoma van die amaZulu), vibreer en skud/bewe (uMtytyimbo van die amaMpondo), mimiek en gebare skud/bewe (uMtytyimbo van die amaMpondo), mimiek en gebare	•	2.1.3	
(1)	(bekoringsdans van die Bororo Fulani), kniel (Mokgibo van Suid-Basoetovroue en meisies), spring (krygersdans van die Masai). Danse het gewoonlik 'n tema (vrugbaarheid/hofmakery/werk/hiërargie, ens.) en doel (protes/sosialisering/feesviering/bevraagtekening van sosiale kwessies, ens.)	•		
(1)	Afrika-danskostuums verskil baie afhangende van die kultuur- en ouderdomsgroep wat die dans opvoer. Dierevelle word algemeen gebruik asook oordadige kralewerk, bruin of helderkleurige materiaal, enkelratels, vere, ens.	•	£.1.8	
	Musikale begeleiding bestaan gewoonlik uit tromme, sang, handeklap en/of dreunsang.	•	4.1.8	

Die tromme, sang, handeklap en ratels saam met die gestamp van

(1)

inheemse kulture te behou. Ken 2 punte toe vir gegronde redes waarom dit belangrik is om danse van

voete skep poliritmiese klanke.

- Sodat ons daaruit kan leer.
- Om te verseker dat die ou tradisies van die verlede gekoester word en aan
- Om te verseker dat die toekomstige geslagte sal weet waar hulle tradisies die lewe gehou word.

[01] (2) vandaan kom.

Kopiereg voorbehou Blaai om asseblief

AFDELING B: DANSGESKIEDENIS EN GELETTERDHEID

3 DAARV

WEWO:

KKE	AJVSN BON	VERI	ERP	DERW	ONE	FOKUS VAN VRAAG		
HOOG	WEDINW	DAA J	ω	7	l	Dansstyle/dansvorme		
			\wedge					
		9				Herkenning – 6.1.1, 6.1.3, 6.1.4		
	7					Analisering – 6.1.2		
7						Evaluering – 6.2		

NOTA AAN NASIENERS:

Baie moontlike antwoorde kan gegee word. Gebruik professionele oordeel wanneer die kwaliteit van die kandidate se antwoorde geassesseer word. Geen punte moet toegeken word vir die name van die dansvorme in VRAAG 6.1 nie. Kolpunte is ingesluit om te help met toekenning van punte.

MOONTLIKE ANTWOORDE:

- 6.1 Ken 4 punte toe vir elke dansvorms wat'n beskrywing het oor al 4 kolpunte.
- 6.1.1 **Ballet:**
- Balletwerke word deur professionele dansers opgevoer, gewoonlik in 'n teater. (1)
- 6.1.2
 Hierdie dansvorm word geëien aan die uitwaartse rotasie van die bene vanaf die heupgewrig, gestrekte voete asook die vyf posisies van die voete, geronde armlyne en vaste posisies van die arms.
- Die balletstyl daag swaartekrag met grasie en baie streng tegniek uit.
 Ballet bestaan uit 'barre'-werk, 'centre' (middelwerk), pirouette,
- spronge, met of sonder batterie.
- Vroulike dansers doen puntwerk. Geblokte toonskoene word gedra en dansers dans op die punte van hulle tone.

(1)

- 6.1.3 Die dansers dra gewoonlik oordadige kostuums tutu's/ fluweelbaadjies en rompe, ens.
- 6.1.4 Ballet het oorspronklik net klassieke musiekpartiture gebruik, maar deesdae word 'n verskeidenheid musiek gebruik. (1)

Kopiereg voorbehou Blaai om asseblief

5.3 UITHOUVERMOË

Hoe om dit in die dansklas te verbeter: Kandidate moet drie

- Øedetailleerde en spesifieke voorbeelde gee.
 Uithouvermoë behels die uitvoer van bewegings in die dansklas waar jy
- beweeg/rondbeweeg ('travel') of spring-aërobiese tipe bewegings.

 Jy kan die hoeveelheid en duur van die tyd wat jy in die klas spandeer aan springreekse en kombinasies waar jy deur ruimte beweeg en wat
- konstant is, vermeerder nie stop-begin ('stop-start') nie.
 Jy moet ook jou oefeninge aanpas sodat jou liggaam voortdurend voor nuwe en verskillende uitdagings te staan kom, bv. progressiewe
- oorlading.

KKAG

Hoe om dit in die dansklas te verbeter: Kandidate moet drie

gedetailleerde en spesifieke voorbeelde gee.
 Al die spiere in die liggaam, arms en bene moet deur spesifieke

- oefeninge vir elke liggaamsdeel ontwikkel word.

 Alle oefeninge moet die oorlaaibeginsel gebruik wat beteken jy moet
- meer doen en jou spiere vra om vir elke les meer te doen.
 Jy moet 'n verskeidenheid spierversterkingsoefeninge doen om algehele krag en sterkte te ontwikkel. Daar moet 'n balans tussen spiergroepe
- wees sodat jou liggaam hoogs doeltreffend en sterk kan wees.

SOEPELHEID

Hoe om dit in die dansklas te verbeter: Kandidate moet drie

- gedetailleerde en spesifieke voorbeelde gee.
 Klein, ligte strekoefeninge moet in die opwarming ingesluit word.
- Lang, volgehoue strekoefeninge moet teen die einde van die klas
- plaasvind wanneer die spiere warm en soepel is.

 Alle liggaamsdele moet buigbaar/soepel wees aangesien 'n
- Ane inggaantseerde vlak van soepelheid in verskillende dele van die liggaam tot beserings kan lei.
- Stadige, volgehoue strekoefeninge is die veiligste soort strekmetodes.

 Die gebruik van asombaling tormul iv die strek beu, is belandrik om
- Die gebruik van asemhaling terwyl jy die strek hou, is belangrik om spanning in die spiere te verlig en om die liggaam toe te laat om verder in die strek in te geen

in die strek in te gaan.

TOTAAL AFDELING A: 40

(5) [S1]

Kopiereg voorbehou asseblief

MOONTLIKE ANTWOORDE:

Krag

te verseker.

5.2.2

	klasmaat beheer kan neem van hul omstandighede.
f.f.d f.c	Ken 3 punte toe as die leerder kan idees gee oor hoe hul me

Gedagtes (konsentreer, positiet te dink en in beheer te bly Ek kan die persoon vertel om beheer te neem van haar/sy:

qsdpoek pon) wanneer hy/sy 'n stresvolle situasie erken, daaroor praat of 'n

- Skedule (bly toegewyd en beplan jou kort- en langtermyn Emosies (kalm te bly, glo in jouself en oorkom jou vrese)
- Omgewing (skep 'n veilige plek vir jouself, pas ontspanninqoelwiffe en hou daarby)
- Verhoudings (kommunikeer duidelik, respekteer ander leerlinge tegnieke toe)
- (ξ) se opinie en hul ruimte).
- diən ət əlini mo. Ken 2 punte toe as die leerder ontspanningstegnieke kan aanbeveel 2.1.3
- Pas ontspanningstegnieke soos meditasie, joga, strek en swaai
- met so min geraas as moontlik en gedempte lig om konsentrasie Maak seker dat jy gemaklik is in 'n goed geventileerde omgewing tipes bewegings toe.
- peen een vir een te laat ontspan. klop, of voel verskillende fisiese sensasies, soos elke arm of ob pepeerde, ontspannende asemhaling, maak jou hart stadiger gemaklik op die vloer, dink aan 'n rustige omgewing en fokus dan Om te ontspan en spierspanning te verminder, lê en voel
- minste vyt sekondes en ontspan dan vir 10 sekondes, en nek en werk at na jou tone toe. Span jou spiere saam vir ten bsq ob fot by Jou nek en kop. Jy kan ook begin met Jou kop en te span en ontspan die spiere in jou tone en werk dan stadig jou verskil tussen spierspanning en ontspanning. Begin deur saam een vir een te laat ontspan. Dit help jou om te fokus op die Fokus daarop om elke spiergroep stadig saam te span en dan
- bome, die geluid van die wind, die koelte van die gras en die sagte gras en hoë bome, dink oor dinge soos die reuk van die lon verbeel ly ontspan op 'n warm dag in 'n pragtige bos met se wat Jy kan te gebruik, insluitend reuk, sig, klank en tas. As Jy ınatıde blek ot sıtuasıe. Kies die plek, probeer om soveel sintuie Maak jou oë toe en verbeel jou jy neem 'n reis na 'n vreedsame,
- (1) Uithouvermoë 1.2.3 2.8 (2) sonstrale wat deur die blare skyn.
- (1) Soepelheid 5.2.3 (1)

(1) Kernkrag 5.2.4

VRAAG 4 (KEUSEVRAAG)

WEWO:

	ヤ					2.4 – gnisssqəoT
		Þ				Herkenning – 4.1
					Λ	
900H	WEDINW	DAA J	3	2	l	Anatomiese aksies/spiere
KKE	<u>AJV2N∃ON</u>	VERI	ЕВР	DERW	INO	FOKUS VAN VRAAG

:AUTWOORDE:

	4.2.4	suinohe2	(۱) [8]
	4.2.3	Pectoralis major	(1)
	2.2.4	Sumixel Maximus	(1)
2.4	4.2.1	Sastrocnemius	(l)
	4.1.4	Ekstensie	(1)
	4.1.3	Abduksie	(1)
	4.1.2	Fleksie	(1)
4.1	1.1.4	Ekstensie	(1)

VRAAG 5

WEWO:

	3					F.3 – gniseering
2						Evaluering – 5.1.2
	3					1.1.2 – gnisssqəoT
		ヤ				Herkenning – 5.2
					۸	liggaamskondisionering
						ontspanning/beginsels van
HOOG	MEDINW	DAA J	3	2	l	Geestelike gesondheid/
KKE	VERMOËNSVLAKKE			ERWE	OND	FOKUS VAN VRAAG

NOTA AAN NASIENERS:

Gebruik professionele oordeel wanneer die kwaliteit van die kandidate se antwoorde geassesseer word. Evalueer die hele antwoord om te assesseer wat die kandidaat weet en gee punte daarvolgens. Kolpunte is ingesluit om te help met die toekenning van punte.

Kopiereg voorbehou asseblief

DAAR IS 'N KEUSE TUSSEN VRAAG 3 EN VRAAG 4.

VRAAG 3 (KEUSEVRAAG)

WEWO:

E.£ ,2.£ – gnissageoT					2 + 2	
Herkenning – 3.1				ヤ		
	٨					
Ruggraat/gewrigte	l	7	3	Ð∀∀⊓	WEDINW	H00G
FOKUS VAN VRAAG	ONE	ERWI	4ЯΞ	VERI	AJVENBON	KKE

:30AOOWTNA

- 3.1 A Servikaal
 B Torakale
 C Lumbaal
 D Sakraal
- 3.2 Ken 2 punte toe as die leerder 'n goeie kennis van die funksies van die ruggraat het.
- Dit dien as 'n skokbreker as gevolg van al sy krom lyne.
- Dit help beweging.
- Dit is 'n beskermende dop vir die werwelkolom.
- Dit is 'n punt van vashegting vir spiere.
- Dit ondersteun die liggaam in 'n regop (vertikale) posisie.
 Dit help met goeie postuur en balans.
- 3.3 Ken 2 punte toe vir 2 korrekte bewegings van die ruggraat.
- Soos jy vooroor buig om aan jou tone (fleksie) te raak
- Buig agteroor (ekstensie)
- Draai jou bolyf na die linker- of regterkant (aksiale rotasie)
- Buig sywaarts (laterale fleksie)

(S)

(2)

OE

Kopiereg voorbehou Blasi om asseblief

verstuiting.	
Ken 2 punte vir die korrekte verduideliking van die simptome van 'n	2.2

- Pyn om die aangetaste gewrig
- gebruik of om gewig daarop te sit nie Nie in staat is om die gewrig/beseerde liggaamsdeel normaalweg te kan
- Kneusing
- Swelling Sagtheid
- Inflammasie
- geskikte postuur in dans. Ken 3 punte toe vir 'n gedetailleerde verduideliking van die voordele van 'n 5.2
- wanneer die beweging uitgevoer word. 'n Goed-belynde liggaam brand die minste hoeveelheid van energie
- Dit verhoed moegheid terwyl jy dans.
- Verseker dat die spiere tydens sekere bewegings reg gebruik word.
- Dansbewegings word met gemak gedoen.
- Vermy spanning en wanbalanse wat 'n uitwerking op die lyn en vorm van
- bewegings het.
- (5) Dit verseker beheer en balans tydens bewegings.

(2)

- die belangrikheid daarvan vir die danser kan bespreek. Ken 3 punte toe as die leerling die korrekte belyning van die knieë sowel as 4.2
- rotasie en geen ruimte vir laterale beweging nie. Die knie is 'n skarniergewrig en gebou om te buig en fleks met baie min
- sprong, en daar is laterale of roterende beweging op daardie tydstip, kan Indien 'n oormatige las op die knieë geplaas word, soos die landing na 'n
- Om dit te verhoed moet jy verseker dat wanneer jy jou knieë buig dat dit in die ligamente aan beide kante van die gewrig skeur.
- (\mathcal{E}) buite die normale omvang en bewegings rigting beweeg nie. Jy moet verseker dat jy nie stres op die ligamente plaas deur die gewrig Iyn is met jou middelste toon.

Blaai om asseblief Kopiereg voorbehou

- voeding op 'n danser se liggaam kan bespreek. Ken 3 punte toe as die leerder die positiewe gevolge van geskikte E.1
- Verhoogde energievlakke
- Verhoogde geestelike waaksaamheid
- Groter fiksheidvlakke
- Behou 'n ideale gewig
- Herstel vinniger van siektes/beserings
- Ken 1 punt toe as 'n leerder weet hoe om van 'n eetversteuring te herstel.
- Om hulp/ondersteuning te kry van familie, vriende, beraders, ens.
- Om mediese evaluering te verkry dokter, dieetkundige, ens.
- Hospitalisasie of psigiatriese behandeling

VRAAG 2

WEWO:

3						Evaluering – 2.4
	2 + 3					Toepassing – 2.2, 2.3
		7				Herkenning – 2.1
					\ \	belyning
HOOG	WEDINW	DAA J	3	2	l	Beserings/postuur/knie
YKKE	MOËNSVL	ΛEΚ	46	ONDERWER		FOKUS VAN VRAAG

NOTA AAN NASIENERS:

bnutetoekenning te vergemaklik. die kandidaat weet en gee punte daarvolgens. Kolpunte is ingesluit om antwoorde geassesseer word. Evalueer die hele antwoord om te assesseer wat Gebruik professionele oordeel wanneer die kwaliteit van die kandidate se

VOORBEELD VAN MOONTLIKE ANTWOORDE:

- гәәб иеу Ken 2 punte toe indien die leerder die algemene oorsake van dansbeserings 1.2
- Oormatige dansopleiding
- Foutiewe tegniek
- Langdradige en intense repetisies
- Slegte onderrig
- Die fisiese karaktereienskappe van die liggaam (swak rotasie of fisiese
- stwykings)
- Dans op die punt van die tone
- Die eetgewoontes algemeen vir dansers
- Oormoeg of oorwerkte dansers
- Onvoldoende opwarming
- Onstablel of ongeskikte vloer
- Swak omgewing (temperatuur en swak fasiliteite)

(2)

[10] (1)

(5)

AFDELING A: VEILIGE DANSPRAKTYK EN GESONDHEIDSORG

L DAARV

WEWO:

L						₽.ſ – priing – 1.4
3						Evaluering – 1.3
	3 + 2					S.f.f.f - gnisssqooT
		l				Herkenning – 1.2
					Λ	Voeding/eetversteurings
HOOG	WEDINW	DAA J	3	7	l	Groepsdruk/stereotipe/
KKE	NDEKMEKP VERMOËNSVLAKKE			ONDE	FOKUS VAN VRAAG	

NOTA AAN UASIENERS: Baie moontlike antwoorde kan gegee word. Gebruik professionele oordeel wanneer die kwaliteit van die kandidate se antwoorde geassesseer word. Kolpunte is ingesluit om puntetoekenning te vergemaklik.

MOONTLIKE ANTWOORDE

- 1.1 Ken 3 punte toe vir 'n gedetailleerde verduideliking van waarom dit belangrik is om jou vriende noukeurig te kies.
- Vriende kan jou besluite beïnvloed goed of sleg.
- As jy probeer om in te pas met groepe net om aanvaar te word kan jy beïnvloed word om dinge te doen wat nie deur jou ouers goedgekeur sou word nie/wat jou ook nie laat trots voel op jouself nie.
- Slegte vriende kan jou beïnvloed om dwelms te neem, te rook, steel, om
- onveilige/minderjarige seks te hê, ens.
 Goeie vriende kan jou beïnvloed om op 'n verantwoordelike wyse op te tree soos om skool by te woon, hard te werk, om te gee vir jou mede-tree soos om skool by te woon, hard te werk, om te gee vir jou mede-
- leerders, onderwysers en familie.

 Jou keuse van vriende wys wie jy is as 'n persoon/jou waardes/prioriteite. (3)
- 1.2 Ken 1 punt toe vir die naam van 'n stereotipe en 2 punte vir 'n verduideliking van algemene stereotipes in dans en waarom hul onwaar is.

Hieronder word **TWEE** voorbeelde gegee maar leerlinge kan enige ander ook

Dansers moet maer wees

Baie dansers, veral vroue, word onder groot druk geplaas om maer te wees. Dis omdat dans 'n visuele kuns is en mense na jou kyk waar jy in 'n styfpassende kostuums optree en dikwels jou figuur beoordeel i.p.v. jou dansvermoë. Dit kom veral in die balletwêreld voor. Hierdie soort druk lei tot baie eetversteurings, soos anorexia nervosa of bulimia. As dit nie opgemerk of behandel word nie, kan dit 'n danser se loopbaan of selfs sy/haar lewe beëindig. Dansers is individue en moet sterk en gesond wees. Die wyse waarop hulle dans, is belangriker as hoe maer hulle is.

Dansers meet krag hê. Mansdansers is dikwels sterker en fikser as ander sportmanne. Om emosie d.m.v. jou liggaam uit te spreek maak jou nie homoseksueel nie. Dikwels sal die groepsdruk wat op mansdansers geplaas word hulle dwing om hulle dans, talent en vermoëns hieroor op te gee. (3)

Kopiereg voorbehou asseblief

NOTA AAN NASIENERS/ONDERWYSERS:

In die assessering van 'n kandidaat se werk, moet die volgende aspekte, onder andere, van die assesseringrubriek in ag geneem word.

- In die voorbeelde van moontlike antwoorde, is daar baie meer inligting verskaf as 'n bron vir onderwysers en nasieners, as wat van die kandidate verwag word.
- Kolpunte ('Bullets') is in die memo gebruik om nasien te vergemaklik. Verwys na die **vermoënsvlakke** in die 'Fokusvraag'-tabel onder elke vraag om
- bepaal.
 Masieners moet nie kandidate vir verkeerde gebruik van grammatika of spelling penaliseer nie. Solank die kandidaat se antwoord duidelik en verstaanbaar is en aan die nasienkriteria (bv. die benoeming van spiere) voldoen. Hulle mag egter nie volpunte vir opstel-/paragraaftipe-vrae kry as daar grammatika-egter nie volpunte vir opstel-/paragraaftipe-vrae kry as daar grammatika-

die hoë, medium en lae kognitiewe vlakke, wat in die antwoord verwag word, te

- en spelfoute is en die antwoord nie in die regte formaat geskryf is nie of nie die vraag betekenisvol beantwoord het nie. In baie van die kwalitatiewe vrae, waar volledige verduidelikings vereis word, is een regmerkie nie altyd aan een punt gelyk nie. Halwe punte kan toegeken een regmerkie nie altyd aan een punt gelyk nie.
- word.

 Vermy die toekenning van volpunte waar die antwoord oppervlakkig en
- minimaal is.
 Waar kandidate agterlosige foute gemaak het, bv. nommering, moet hulle met 10% gepenaliseer word, maar die nasiener en moderator besluit of die legendiche word, maar die nasiener en moderator besluit of die legendiche word, maar die nasiener en moderator besluit of die legendiche word, maar die nasiener en moderator besluit of die legendiche word, maar die nasiener en moderator besluit of die legendiche word, maar die nasiener en moderator besluit of die legendiche word, maar die nasiener en moderator besluit of die legendiche word, maar die nasiener en moderator besluit of die legendiche word, maar die nasiener en moderator besluit of die legendiche word, maar die nasiener en moderator besluit of die legendiche word, maar die nasiener en moderator besluit of die legendiche word, maar die nasiener en moderator besluit of die legendiche word, maar die nasiener en moderator besluit of die legendiche word, maar die nasiener en moderator besluit of die legendiche word, maar die nasiener en moderator besluit of die legendiche word, maar die nasiener en moderator besluit of die legendiche word, maar die nasiener en moderator besluit of die legendiche word, maar die nasiener en moderator besluit of die legendiche word.
- kandidaat die betrokke vraag korrek beantwoord het.
 Soek na dit wat die kandidaat weet, nie wat hy/sy nie weet nie.

Kopiereg voorbehou Blaai om asseblief



SENIOR SERTIFIKAAT TAANIJITAS

GRAAD 12

SEPTEMBER 2014

DANSSTUDIES MUGNAROMAM

PUNTE: 100

Hierdie memorandum bestaan uit 21 bladsye.