



Province of the
EASTERN CAPE
EDUCATION

**NATIONAL
SENIOR CERTIFICATE**

GRADE 12

SEPTEMBER 2018

DANCE STUDIES

MARKS: 100

TIME: 3 hours



This question paper consists of 10 pages.

INSTRUCTIONS AND INFORMATION

1. This question paper consists of TWO sections with eight questions in total. Answer the questions as follows:

SECTION A: SAFE DANCE PRACTICE AND HEALTHCARE (40 marks)

- Consists of FOUR questions.
- Note that you have a choice between QUESTION 1 and QUESTION 2 in this section.
- If you answer both questions, only the first question answered will be marked.

SECTION B: DANCE HISTORY AND LITERACY (60 marks)

- Consists of FOUR questions.
- Note that you have a choice between QUESTION 6 and QUESTION 7 in this section.
- If you answer both questions, only the first question answered will be marked.

2. Answer only SIX questions.
3. Number the answers correctly according to the numbering system used in this question paper.
4. Read each question carefully and take note of what is required. If you are requested to *explain/elaborate/describe/analyse/evaluate/compare*, write your answer in full sentences and give as much information as possible. One-word answers will NOT be accepted.
5. You may do rough planning in the ANSWER BOOK. Draw a line through any work that should NOT be marked.
6. You will be assessed on your ability to:
 - Write only in one language
 - Organise and communicate information clearly
 - Use the specific format asked for in certain questions
 - Use specialist dance terminology where appropriate
7. Write neatly and legibly.
8. Plan your time: Spend approximately 60 minutes on SECTION A (40 marks) and spend approximately 120 minutes on SECTION B (60 marks).

SECTION A: SAFE DANCE PRACTICE AND HEALTHCARE

You have a choice between QUESTION 1 and QUESTION 2.

Answer only ONE question.

**QUESTION 1: DANCE CONVENTIONS AND VALUES/INJURIES/MUSICALITY
(CHOICE QUESTION)**

Your dance teacher has asked you to have a talk with the new Grade 10 Dance Studies learners to prepare them for the year ahead.

- 1.1 Describe some of the important dance conventions and values in the dance class, and how applying them, will affect their training. (3)
- 1.2 Provide them with an understanding of how to use their bodies safely during dance classes to prevent injuries. (4)
- 1.3 Discuss how they can develop their musicality to enhance their dance performance. (3)

[10]

OR

QUESTION 2: ACTIONS/MUSCLES/INJURIES (CHOICE QUESTION)

Study the picture below and answer the following questions.



[Source: <https://za.pinterest.com/explore/dance-photography-poses/>]

- 2.1 2.1.1 Give the anatomical action of the man's elbows. (1)
- 2.1.2 Give the anatomical action of the man's feet. (1)
- 2.1.3 Give the anatomical action of the man's knees. (1)

- 2.2 Which TWO muscles below form part of the hamstring group of the dancer's leg?
- 2.2.1 Biceps Femoris
 - 2.2.2 Sartorius
 - 2.2.3 Semitendinosus
 - 2.2.4 Gracilis (2)
- 2.3 Which TWO muscles below do NOT form part of the quadriceps group of the dancer's leg?
- 2.3.1 Gastrocnemius
 - 2.3.2 Rectus Femoris
 - 2.3.3 Quadratus Femoris
 - 2.3.4 Vastus Lateralis (2)
- 2.4 Discuss how to maintain the mobility of the muscles during an injury. (3)
- [10]**

QUESTION 3: COMPONENTS OF FITNESS

- 3.1 Provide FIVE tips on how to do safe stretching. (5)
- 3.2 Strength and cardiovascular endurance are both important for a dancer's performance.
- 3.2.1 Explain how muscle strength can enhance a dancer's performance. (3)
 - 3.2.2 Explain how cardiovascular endurance can enhance a dancer's performance. (3)
- 3.3 Choose any TWO of the following neuromuscular skills below and discuss how a dancer can develop these skills during the dance class:
- 3.3.1 Balance
 - 3.3.2 Spatial awareness
 - 3.3.3 Agility (4)
- [15]**

QUESTION 4: COMMITMENT/HYDRATION/KINAESTHETIC AWARENESS

[Source: http://www.5thelementdance.com.au/wp-content/uploads/bfi_thumb/R7O1490-2wjwwe01no1oexe71svimi.jpg.]

- 4.1 Being part of a dance production is a big responsibility. How can everyone in the group ensure their commitment so that the performance is a success? (5)
- 4.2 Explain the importance of hydration during training and how it will affect a dancer's performance. (4)
- 4.3 Explain how kinaesthetic awareness will improve a dancer's performance. (3)
- 4.4 What can a dancer do to develop kinaesthetic awareness? (3)
- [15]**

TOTAL SECTION A: 40

SECTION B: DANCE HISTORY AND LITERACY**QUESTION 5: DANCE FORMS/CHARACTERISTICS/PRINCIPLES**

- 5.1 Name and describe the recognisable characteristics of your dance major. (5)
- 5.2 Explain any THREE principles of any other dance genre. (3)
- 5.3 Explain THREE principles of your dance major. (3)
- 5.4 Why is it important to learn about dances from other cultures? (4)
- [15]**

There is a choice between QUESTION 6 and QUESTION 7.
Answer only ONE question.

QUESTION 6: GREGORY MAQOMA AND *FOUR SEASONS* (CHOICE QUESTION)



[Picture by John Hogg]

Answer the following questions about this choreographer and his dance work.

- 6.1 Describe the influences and collaborations that shaped Maqoma's career. (8)
- 6.2 Explain how the choreographer used lighting and technology in the TWO seasons of the images below to bring his message across to the audience.



[Source: <https://www.google.co.za/search?q=Pictures+of+Gregory+Maqoma%60s+Four+Seasons&rlz=1C1JZAPenZA770ZA770&tbm=isch&tbo=u&source=univ&sa=X&ved=0ahUKEwjwzeOsjonYAh>]

(6)



[Source: <https://www.google.co.za/search?q=Pictures+of+Autumn+and+Spring+from++Grory+Maqoma%60s+Four+Seasons&tbm=isch&tbs=rimg:CeN7FXOFqASMIjd43nzuM1lvTDG3dccf4aTyW2>]

- 6.3 Elaborate on the importance of the music that was used and how it influenced the dance. (6)
- 6.4 Discuss his unique dance style and movement vocabulary. (6)
- 6.5 Discuss the symbolism used in the TWO seasons of the images above. (4)
- [30]**

OR

BELOW IS A PRESCRIBED LIST OF INTERNATIONAL AND SOUTH AFRICAN CHOREOGRAPHERS AND THEIR DANCE WORKS

INTERNATIONAL CHOREOGRAPHERS	DANCE WORKS
George Balanchine	<i>Apollo/Jewels</i>
Alvin Ailey	<i>Revelations</i>
Martha Graham	<i>Lamentation/Errand into the Maze</i>
Christopher Bruce	<i>Ghost Dances</i>
Matthew Bourne	<i>Swan Lake</i>
Pina Bausch	<i>The Rite of Spring</i>
William Forsythe	<i>In the Middle, Somewhat Elevated</i>
Mats Ek	<i>Giselle/Swan Lake/Carmen</i>
Rudi van Dantzig	<i>Four Last Songs</i>
Jiri Kylian	<i>Wings of Wax/Stamping Ground</i>

SOUTH AFRICAN CHOREOGRAPHERS	DANCE WORKS
Veronica Paeper	<i>Orpheus in the Underworld/Carmen</i>
Vincent Mantsoe	<i>Gula Matari</i>
Alfred Hinkel	<i>Last Dance (Bolero)/Rain in a Dead Man's Footprints/Cargo/I am Cinnamon</i>
Sylvia Glasser	<i>Tranceformations</i>
Gary Gordon	<i>Bessie's Head</i>
Mavis Becker	<i>Flamenco de Africa</i>
Hazel Acosta	<i>Blood Wedding</i>
Carolyn Holden	<i>Imagenes</i>
Gregory Maqoma	<i>Beauty Trilogy/Skeleton Dry/Four Seasons</i>

QUESTION 7: SOUTH AFRICA/INTERNATIONAL CHOREOGRAPHER AND DANCE WORK (CHOICE QUESTION)

Choose ONE of the SOUTH AFRICAN or INTERNATIONAL choreographers and ONE of their DANCE WORKS from the prescribed list above. Write an essay and include the following:

- 7.1 The name of the choreographer and the dance work
- 7.2 The influences and collaborations that shaped this choreographer's career (8)
- 7.3 Explain how the production elements influenced the dance work (6)
- 7.4 Elaborate on the significance of the music used in this dance work (6)
- 7.5 The dance style and movement vocabulary used by this choreographer in his/her dance works (6)
- 7.6 Discuss the symbolism used to enhance the dance work. (4)

[30]

QUESTION 8: QUALITY OF MOVEMENT/DANCE ELEMENTS/IMPROVISATION

- 8.1 Choose the correct word from the list below and write only the correct word next to the appropriate number.

fluency; transitions; style; dynamics; musicality

- 8.1.1 The quality or variety, contrast or force of any movement you perform, e.g. quickly, strong (1)
- 8.1.2 The expertise in your dance form; when you bring together your technique, style and fitness to perform with clarity and effortless (1)
- 8.1.3 The link between one movement/shape to the next (1)
- 8.1.4 A dancer's sensitivity and interpretation of the rhythms, melodies, tempo and dynamics (1)
- 8.1.5 Recognisable characteristics of a dance or music (1)

- 8.2 Analyse the picture below and answer the following questions.



[Source: <https://www.google.co.za/search?q=Dance+pictures+showing+different+dance+elements+of+time,+space+and+force&tbn=isch&tbs=rimg:CUIdbFxV5W7dljjKkZT7y4VfaPd9wnz5fE0CfHI22>]

- 8.2.1 Identify any THREE dance elements in the image. (3)
- 8.2.2 Explain the meaning of each dance element that you have identified. (3)
- 8.3 You have been given the picture below as a stimulus during the improvisation section of your practical examination.



[Source: <https://www.google.co.za/search?q=Dance+pictures+showing+different+dance+elements+of+time,+space+and+force&tbn=isch&tbs=rimg:Catrszx5uOwrljqgeHv-sbceU20Qsv8 tlpBdQKJzG>]

Use this picture as part of your improvisation and provide step by step information on how you would work out your improvisation, before presenting it to the examiners.

(4)
[15]

TOTAL SECTION B: 60
GRAND TOTAL: 100

